



National Survivor User Network

A company limited by guarantee

up to 6 June 2023

A Charitable Incorporated

Organisation (CIO) from 6 June

2023

Report and Financial Statements

For the year ended 31st March 2023

CIO Number 1135980

Company Number 07166851 (up to 6 June 2023)

National Survivor User Network

Trustees' Annual Report for the period for the year ended 31st March 2023

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National Survivor User Network

Trustees' Annual Report for the period for the year ended 31st March 2023

Reference and Administrative Information

Charity Name: National Survivor User Network

CIO Registration Number: 1135980

Company Registration Number: 1032145 (up to 6 June 2023)

Registered Address: National Survivor User Network
150 Minories
London
EC3N 1LS

Trustees: The Trustees of the CIO are its Trustees for the purposes of charity law. The Trustees who have served from 1st April 2022 up to the date of approval of these financial statements were as follows:

Alisdair Cameron	
Micha Frazer-Carroll	from 28 th February 2023
Angela Newton, Chair	
Amy Palmer	
Jonathan Rackham	until 15 th November 2023
Emily Reynolds	
Rachel Rowan Olive	
Amy Rushton	
Aqsa Suleman	from 28 th February 2023
Tasha Suratwala	
Shuranjeet Takhar	

CEO : Akiko Hart (until 1st June 2023)

Interim CEO : Jen Beardsley (from 1st June 2023)

Independent Examiner: Michael Tourville, Beever and Struthers, 150 Minories,
London, EC3N 1LS

Principal Bankers: CAF Bank Ltd, 25 Kings Hill Ave, West Malling, ME19 4JQ

Solicitors: Faegre Drinker Biddle & Reath LLP, 7 Pilgrim Street, London,
EC4V 6LB

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2023. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011, and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The Charity converted from an incorporated charity to a Charitable Incorporated Organisation (CIO) on the 6 June 2023. The Charity has opted for the Association model.

The Trustees who have served during the year are listed on page 1.

Objects and activities for the public benefit

The objects of the charity as set out in its governing document are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen the user voice;
2. facilitating active links between service user groups and individuals;
3. building capacity for service user groups; and
4. brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of activities, including:

- building capacity in our membership;
- strengthening local, regional and specialist networks;
- capacity building and information sharing;
- influencing mental health policy and practice;
- representing and relaying members' views at all high level mental health policy levels and communicating practice, policy and legislative changes back to members; and
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy.

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Review of Achievements and performance: How our activities delivered public benefit

National Survivor User Network (NSUN) is an England-wide network of people and groups with lived experience of mental ill-health, distress and trauma. It is an infrastructure organisation and sector voice for user-led groups that work to support the mental health of those in their communities, who live on the intersection of multiple, compounding inequalities and marginalisations. NSUN's aims are to create and strengthen links between individuals and groups; support and promote user-led groups and initiatives; and influence and inform policy and decision makers. All NSUN staff and Trustees have lived experience of mental ill-health, distress or trauma which may include racial trauma.

2022/2023 Activities:

As stated in the 2021/22 Trustees' Annual Report, NSUN's aims for 2022/23 were to:

- Develop and launch a new strategy and Theory of Change
- Develop and launch a new membership structure and offer
- Consolidate the growth of the organisation and put in place additional support structures for staff in light of the growth of the team
- Launch the second phase of Synergi, a programme of work on racial justice and mental health, which will include a small grants fund
- Continue to promote and amplify members' perspectives, voices and campaigns through communications
- Develop policy work alongside NSUN members, with a particular thematic focus in 22/23 on migrant justice and mental health
- Build on the capacity building work of Community Constellations, with a particular focus on youth-led work and groups led by and for people from racialised communities
- Convert to a CIO

These aims were achieved as follows.

NSUN's Theory of Change (<https://www.nsun.org.uk/about-us/what-we-do/>) was launched in June 2022, and was praised by members and stakeholders for its clarity and ambition. The Annual Report is structured around its four themes: Knowledge, Collaboration, Voice and Resourcing.

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Knowledge

Building, amplifying and distributing the knowledge that is held by people with lived experience of mental ill-health, distress and trauma

NSUN builds, amplifies and distributes the knowledge that is held by people with lived experience of mental ill-health, distress and trauma, by platforming members' voices in a variety of ways – through the weekly bulletin, blogs and articles, supporting members' research, and sharing members' work and voices in a variety of contexts.

In 2022 –2023, NSUN published twenty-three pieces from members, including book reviews, research articles, podcasts and opinion pieces. The communications team now have relationships with publishers who send over advance review copies of relevant books to share with members who wish to write reviews, for example Leila's review of *The Muslim, State and Mind*. Some members have contributed interventions into debates around psychiatry, mental health, and the nature of community and solidarity – debates which are central to NSUN's work, for instance, Heather Cobb's "Beyond serotonin, I'll see you there" or Harry Josephine Giles' "Transitioning Out of Psychiatry". Other members' blogs consider the practices, policies and working conditions within the academic, healthcare and voluntary-sector spheres of the mental health world, such as Sohail Jannesari's "Participatory research in mental health and migration", Kadra Abdinasir and António Ferreira's podcast "Lived experience work: anti-racism and mental health" and "Unionisation options for lived experience workers" by Mike McKeown.

These member publications and other relevant news, articles and opportunities are showcased in NSUN's weekly bulletin to members. In the 2022 membership survey, the bulletin was the most common theme raised in feedback, with respondents emphasising its ability to bring the community together and act as a cohesive space to access relevant news and opportunities in the user-led and radical mental health thinking field. More than half of respondents (59%) had connected with other user-led groups, events, projects, or involvement opportunities as a result of NSUN's communications and resources. One member shared: "Reading the resources that I have found on the NSUN bulletin has transformed my understanding of my own lived experience of distress from one of isolation and rejection to one of belonging to a political and social movement."

Following the recommendations of NSUN's Lived Experience Leadership 2021 report, Mind commissioned NSUN to explore how Mind and partners can support and resource lived experience leaders through lived experience hubs. This piece of work scoped the need and purpose of lived experience hubs, and Mind's role in developing them.

NSUN is also collaborating with Mental Elf to commission a series of research blogs written by people with lived experience of mental ill-health, distress and trauma. The blogs, to be published in 2023, will summarise and respond to recently published mental health research and will explore what that research means from the perspective of someone with lived experience.

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Collaboration

Creating collaborative spaces with members and partners through coalitions and networks to build momentum and sustainability for the work; building nurturing conditions within mental health work that prioritise care

NSUN creates collaborative spaces with members and partners through coalitions and networks to build momentum and sustainability for the work.

In 22–23, NSUN has thought deeply about how to communicate and collaborate. NSUN is a remote organisation and has recently focused on online events, which still make up an important part of the membership offer. For instance, the 2022 Members' Event attracted 109 attendees for a day of online panel discussions, workshops and connection. Panels and workshops included 'Telling the story of survivor history and activism', 'Re-imagining safety', and 'Mental health in a hostile environment'. Recordings and transcripts, as well as an online creative exhibition with contributions from the membership, have been collated on a dedicated website:

<https://nsunmembersevent2022.com/>

After attending the 2022 Member's Event, feedback included:

"I am already feeling the benefit of hearing all the nuanced views and lived experiences of the participants. Things I'd not thought of. This is what sharing lived experience is all about!."

"It's just so nice to be in a room with like-minded people, where conversations about marginalisation, power imbalance and the inherently abusive structures we tend to work within are just accepted as truth and don't feel like radical things to say."

However, in 22/23, NSUN also engaged in more face-to-face work than in previous years during the pandemic. The 2022 AGM was hosted in person in February. The membership voted to convert NSUN to a CIO, which was completed on the 6th June 2023. In summer 2023, a new membership offer will be developed and launched.

Face-to-face work also focused on specific localities. Through the Community Constellations programme, NSUN has developed strong relationships with Women of Colour-led groups in Yorkshire & the North East, including:

- WoC Azadi, a user-led collective of Women of Colour exploring collective healing and liberation. Through building a supportive relationship, NSUN enabled WoC Azadi to apply for a small grant from the Sustaining Spaces fund – something which may not have been possible had NSUN not had the time and capacity to put into building trust. The grant has allowed WoC Azadi to hold a mix of in-person and online events.
- ADIRA, a survivor-led mental health & well-being organisation supporting Black people with mental health issues
- Sistren Legal Collective, a new Women of Colour-led group which offers advice, support and education around legal and financial structures for user-led groups, especially those led by people of colour

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Diversifying how NSUN collaborates has helped the organisation understand how digital exclusion, poverty and local contexts impact members' engagement with NSUN, and has given the team insights into how to navigate these barriers.

NSUN's collaborative work also includes hosting two grassroots collectives and networks, North East together and misery, acting as a fiscal host for UFFC, and awarding a subgrant to the 2027 Community Power Project.

North East together

In 2022 for the first time North East together carried out a series of focus groups for the new NHS ICS (Integrated Care System), looking at how best NHS 111 and Crisis Services can best respond to support people in a time of crisis. Groups were held in North Tyneside, Gateshead, Durham, and Middlesbrough.

North East together were also asked by The Northern Clinical Network to carry out further focus groups to look at mental health and inequalities, particularly on the Cost of Living Crisis and its impact on peoples' mental health. This work was launched with a workshop at the 2023 AGM at Gateshead Clubhouse. Other focus groups were held in North Tyneside and Middlesbrough in March, with further groups to be held in the next financial year.

North East together also supported various research groups across the region on a variety of subjects including the impact of using Making Every Contact Count to support people in secure hospital wards to manage their weight better, how to improve the support for people with a mental health condition who want to stop smoking, and how to encourage people with mental health conditions to take up cancer screenings when invited to attend.

Looking forward to the coming year, North East together is delighted that, with assistance from NSUN, they have been awarded a grant from National Mind to support their work and plan to use this to increase their reach and membership across the region.

misery

Over 2022/2023, misery was a hosted project benefiting from the container of NSUN's policies, legal structure and accounts. Over the year misery successfully delivered their monthly 'misery medicine: plant magic' programme that saw hundreds of queer, trans, intersex, Black, people of colour (QTIBPOC) visiting, connecting, and learning about different green spaces in London and foraging for herbal remedies found there. misery also partnered with various mental health, arts, and social justice organisations and projects to deliver additional projects, including Brent Biennial, the Science Museum and Land In Our Names. In addition, misery hosted a summer sober rave at the Yard in Hackney Wick and participated in other LGBTQ music and nightlife events such as Body Movements Festival. Alongside securing their biggest grant to date (£25k) from The National Lottery Community Fund via LGBT Consortium LGBTQ+ Futures: Equity Fund, misery was also awarded a Marsh Award for Mental Health Peer Support by Mind, in particular for their contributions and innovation in creativity in peer support.

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

2027 Community Power Project

In 2022/23, a sub grant was awarded to the Centre for Knowledge and Equity for the delivery of the 2027 Community Power Project, which focused on embedding lived experience within decision-making roles in critical local and regional institutions including NHS trusts. The goal of this research was to help map and understand the current system dynamics, blockers, opportunities and examples of good practice, as well as to identify potential partners. The data has been collected and analysed, and recommendations are being put into place.

UFFC

The United Friends and Families Campaign (UFFC) is a coalition of those affected by deaths in police, prison and psychiatric custody, and supports others in similar situations. Established in 1997 initially as a network of Black families, over recent years the group has expanded and now includes the families and friends of people from varied ethnic and cultural backgrounds. NSUN is acting as fiscal host for UFFC in order for them to access a grant of £80,000 from the Joseph Rowntree Charitable Trust.

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Voice

Building an alternative approach to mental health policy work, challenging traditional silos, unjust hierarchies of evidence, and harmful demands for data and visibility. This comes at a time where the external environment is one of hostile and unjust structures, systems and legislation.

NSUN's policy work is funded by Trust for London to take a social determinants approach to mental health, looking at poverty and precarity, and its impact on mental health. A further grant was secured from the Joseph Rowntree Charitable Trust to focus on mental health and migrant justice policy work.

This work has included

- Supporting and amplifying the StopSIM coalition, a grassroots campaign against the criminalisation of mental ill health, distress and trauma, and connecting them with other organisations including Medact
- Publishing a series of briefings for members on different policy announcements, for example on the Emergency Budget: <https://www.nsun.org.uk/news/nsun-statement-on-the-emergency-budget/>
- Commissioning a series of articles from members on Migration, Mental Health and Racial Justice: <https://www.nsun.org.uk/category/mental-health-racial-justice-and-migration/>
- Increasing NSUN's media presence through building relationships with journalists and providing quotes for the press including the Guardian and Disability News Service. NSUN's Policy Manager was interviewed for a podcast on co-production, racial justice and mental health: <https://www.quahrc.co.uk/resources/qualitative-open-mic-anti-racist-qualitative-health-research-episode-4-%E2%80%93-mary-sadid-on>

NSUN's work on the Mental Health Act has included the following:

- The CEO of NSUN chaired the Mental Health Alliance, a network of civil society organisations working on mental health legislation
- Feeding into a Parliamentary POST briefing on reform of the Mental Health Act and Race and Ethnic Inequalities: <https://researchbriefings.files.parliament.uk/documents/POST-PN-0671/POST-PN-0671.pdf>
- Responding to the Joint Committee's report on the draft Mental Health Bill: <https://www.nsun.org.uk/news/nsun-response-to-the-joint-committees-report-on-the-draft-mental-health-bill/>
- Giving evidence at the Formal Meeting (oral evidence session) of the draft Mental Health Bill: <https://committees.parliament.uk/event/14894/formal-meeting-oral-evidence-session/>

Coalitionary and partnership work has included membership of the Keep the Lifeline campaign on the Cost of Living Crisis, work with the Disability Benefits Consortium on legacy benefits, managed migration and further disability specific issues, and membership of the DPO Forum which includes work on disability poverty and advocacy.

NSUN has also worked on Liberty's Safer Communities Project, a collaborative project and publication on young people and 'serious youth violence' for which NSUN is contributing a chapter on mental health, to be published in May 2023.

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Single Sex Spaces

NSUN published a report, Single Sex Spaces (<https://www.nsun.org.uk/resource/single-sex-spaces-2023/>), which explored the discrimination and harm that trans and non-binary service users experience in mental health care settings. The report is based on desk-based research and a survey and was led by a trans and non-binary researcher. It sets out recommendations for policy and practice that may help to ensure the needs of trans and non-binary service users are not undermined or neglected. The report was widely circulated and praised by LGBTQ and mental health civil society stakeholders.

Resourcing

Working with funders, and acting as a microfunder to redistribute resources to grassroots user-led groups and establish better practice

Sustaining Spaces Fund

The Sustaining Spaces Fund awarded twenty-seven small grants of between £500 and £1000, totalling £25,180, to groups facilitating community spaces where people with shared identities and experiences come together in support of one another's wellbeing. The Fund was open to peer support, mutual aid or self-help groups, but was not limited to groups defining themselves in this way. It funded groups who were led "by and for" members of communities.

The Fund prioritised applications from:

- Groups led by and for people from racialised communities/people of colour
- Groups led by and for young people (approximately defined as 18–25)
- Groups led by and for people from LGBTQ+ and QTIBPOC communities

This fund was supported by Mind's PeerFest programme.

Training Opportunities

NSUN also supported grassroots user-led groups to access resources like funding, training, connection and support for development, so that their unique work can thrive and be sustainable. For example, in 2022 NSUN commissioned a trans awareness training session from Gendered Intelligence which twenty-one members attended. Based on the positive feedback, NSUN is commissioning further training for groups including around governance and community organising.

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Influencing Funders

NSUN's resourcing work also involves sharing learning with other organisations to create sector-wide change. In December 23, NSUN published Funding Grassroots Mental Health Work: <https://www.nsun.org.uk/resource/funding-grassroots-mental-health-work/>. The report is based on a survey of 137 grassroots user-led mental health groups regarding their funding experiences. These small and often-overlooked groups do vital and urgent work to support the mental health and wellbeing of their communities in many different ways, with limited capacity and resources.

Key findings included:

- those who had previously applied for funding reported inaccessible, inflexible and overly-complicated processes;
- over half of the groups surveyed did not feel that funders understood their work or the reality of the conditions they operate under.;
- groups who had not previously applied for funding had many reasons. They often simply struggle to know what funding opportunities are available. They might be put off due to rigid eligibility requirements around things like structure, or they are discouraged by extensive application and reporting processes, which are regarded as inaccessible;
- grassroots groups urgently need more funding pots where they can apply for money to go towards core costs to be made available; and
- funding norms are having a negative impact on the already-difficult working conditions of those in user-led organisations. Burnout, fatigue, and precarious working conditions were prominent themes in this research. The process of applying for funding is exhausting and financial insecurity creates huge amounts of anxiety. This is on top of the work itself already being emotionally taxing and deeply personal.

The report included some action points for funders, including:

- Increasing simplicity, flexibility and transparency
- Offering support and interactivity to small, user-led groups
- Making the offer less project-bound
- Working towards trust
- Rejecting a one-size-fits-all approach and developing their understanding of the work of user-led groups

In February 2023, NSUN presented the findings to a National Lottery Community Fund learning session to explore how funding officers who are on the frontlines of grantmaking can make their funding offer work better for groups doing grassroots mental health work. One attendee described the session as “really helpful in framing how smaller grassroots orgs [. . .] stop people reaching the point of crisis further down the line. I'll remember this and will take it away in my work and in the conversations that I have both internally and externally.”

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Synergi

NSUN secured a three year grant from Lankelly Chase to host Synergi, a complex and ambitious programme of work focusing on the intersection of racial justice and mental health, from April 2022. Synergi works with grassroots groups and community organisers, and connects, amplifies, celebrates and resources this work.

In 2022/23, Synergi ran a small grants programme, which awarded thirty-seven grants of £3000 (total: £111,000) to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma, to take action on mental health and racial justice. The grants programme was open for a month and received 307 applications. Work funded included collective care, campaigning, and change-making. The priority areas included:

- Groups led by and for people from Muslim communities (27% of applications, 19% of grants)
- Groups led by and for trans and non-binary communities (9% of applications, 29% of grants)
- Groups led by and for refugees and/or people seeking asylum (33% of applications, 9% of grants)
- Groups whose work engages with an abolitionist framework (20% of applications, 28% of grants)
- Groups with a yearly project income of under £25,000 (60% of applications, 15% of grants)
- Groups with non-traditional structures, including those that are unregistered (35% of applications, 22% of grants)

Following on from this grants programme, Synergi will deliver the following workstreams over the next two years:

- Community Responses to Mental Health: working with grassroots groups to experiment with community-based mental health care
- Supporting Movement Spaces: working with grassroots groups to support movement building work
- Grants Programme: running an annual grants programme and influencing funders to fund differently
- -Festival/Remembrance as Resistance: a creative culmination of all the workstreams

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Key aims for 2023/24 include:

- following on from the CIO conversion, to develop and deliver a refreshed membership offer for groups and individuals;
- continuing to promote and amplify members' perspectives, voices and campaigns through communications;
- working in partnership with three youth organisations to deliver 'Re-imagining safety', a project on young people and safeguarding;
- working in partnership with a member to develop a member-led research project on menstrual health needs in psychiatric settings;
- creating a series of connective spaces for grassroots groups working on migrant justice and mental health; and
- delivering a second grants programme through Synergi and developing and delivering an offer to support grassroots groups in the Synergi network.
- Consolidating the recent growth of the organisation

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Financial review

Income for the year ended 31st March 2022 totalled £864,417 (2021: £508,168) and increased by £356,249 from the previous year. The largest area of increase was seen in Grants and Donation which rose by £397,469 when compared with the previous year. The area which saw the greatest increase was grant income, which rose by £454,805, driven by the receipt of the first installment of a large three year grant from Lankelly Chase towards the work of Synergi with income of £445,532 in this financial year.

NSUN's principal source of funds during 2022–23 was income from grants and totalled £773,320 (2022:£318,515) and comprises 89% of income (2022: 63%). The previous year saw an unusually low percentage income from this source driven by unusually high one-off donation income associated with the 2027 Project.

Expenditure totalled £704,954 (2021: £487,558) for the year ended 31st March 2023, an increase of £217,299 when compared with the previous year. This rise was driven, in the main, by costs associated with the first year of the Synergi programme of work, which rose by £214,396 with expenditure in 2021/22 having represented the scoping phase of the project only. Costs associated with Collaboration fell by £89,546 with 2021/22 having seen costs of £69,903 associated with the 2027 project which weren't repeated in the 2022/23 financial year, a fall in costs associated with our Membership and Community Constellation work of £17,196 and £29,483 respectively driven by a fall in support costs. These falls were offset by new expenditure associated with misery of £42,646, which started its hosting arrangement with NSUN during 2022/23. Costs associated with Voice increased by £27,194 with the start of our JRCT funded work and the employment of our new Migration and Rights Assistant. Total costs associated with staff across NSUN have increased by £177,652 to £367,978 (2022:£190,326) due to the expansion of the team from an average full time equivalent of 7.9 from 4.9 in the 2021/22.

Support costs including governance costs, remained relatively stable overall at £132,119 (2022:£135,067). Higher staff costs by £14,390 associated with supporting the larger team was offset by a fall in non-staff governance of £21,852 as a result of lower expenditure on board training, strategic support and pro-bono legal support.

Fundraising costs totalled £20,684 (2022:£18,103). Fundraising costs relate to staff time spent on grant fundraising and associated support costs and the investment saw grant income of £773,320 received from these sources. As well as funds secured in the year, investment of time in fundraising in the year also saw the award of £164,039 for the 2023/24 financial year.

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Total funds, reserves policy and going concern

Total funds at 31st March 2023 were £314,621 (2022: £155,158) and comprised restricted funds of £217,093 (2022: £83,244) and unrestricted funds of £97,528 (2022: £71,914). The largest remaining restricted funds comprise funding for the Synergi programme of work (£112,054), funding from the John Ellerman Foundation towards core costs (£24,029) and funding held on behalf of misery, a hosted project (£19,410 from LGBT Futures and £20,516 of funds restricted for the project). Unrestricted funding was comprised of funding from a number of unrestricted grants towards project and core costs in the 2023/24 financial year of £56,848 and unrestricted income from donations and contracts.

The Trustees review the charity's reserves policy annually and aim to hold three months of fixed staff and running costs plus other specific amounts in relation to: staff redundancy entitlement, provision to cover any unexpected key staff sickness, provisions against unsecured consultancy income and provision against the unrestricted grants, whose balances form part of the unrestricted reserves but where there is an expectation they will be used to fund costs in the coming year and not held as contingency reserves. As such the agreed reserves target is £164,665 including £56,848 in relation to unrestricted grants to be used in the coming year.

	2023	% of target	2022	% of target
Reserves Target	£170,780		£143,267	
Made up of				
Unrestricted Grants	£ 56,848		£ 38,537	
Unrestricted Reserves Requirement	£113,932		£104,730	
Actual Free Unrestricted Reserves	£94,777		£70,452	
Made up of				
Unrestricted Grants	£56,848		£38,537	
Other Unrestricted Reserves	£37,929	33%	£31,915	30%

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

At the 31st March 2023 unrestricted free reserves, excluding fixed assets, totalled £94,777. This comprised 33% of the unrestricted reserves requirement excluding grants. This compares to 30% of the unrestricted reserves requirement in the previous year. Actual reserves excluding grants saw a growth of £6,600 during the year and Trustees aim to set aside further unrestricted funds over the coming year but anticipate that it may take several years before reserves are maintained at the level set by the reserves policy due to unrestricted income making up a low proportion of NSUN's overall income.

The Trustees have reviewed the budgets for the 2023/24 financial year, including reserves and secured income and consider there to be sufficient funding secured to prepare these financial statements on a going concern basis.

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Grant Making Policy

NSUN's grantmaking policy is specific to the funds being distributed and is in line with the conditions of the funder, which during the 2022/23 financial year was the Sustaining Spaces Fund, funded by Mind's PeerFest programme, and the Synergi small grants scheme, funded by Lankelly Chase. The Trustees consider micro-grants an effective means of achieving NSUN's charitable objectives of building capacity for user-led groups. Grants were awarded to groups in England.

Applications for both funds were invited through the weekly bulletin and advertised widely through social media channels. It is NSUN's policy to make grants as accessible as possible and applications were made through using a light-touch form and with the offer of support from a grants officer.

For the Sustaining Spaces Fund, applications were reviewed on a first-come-first-serve basis and were shortlisted by member of the Communities and Grants team. The panel met each week for the duration of the fund and comprised the CEO, one NSUN Trustee, Mind Peerfest representation and NSUN members. Where successful, restricted grants were awarded to groups subject to agreement with the terms and conditions set out in the grant agreement. NSUN's policy is that all grantees confirmed full expenditure of the grant in writing, and received a follow-up call with a member of the Communities and Grants team to confirm discuss impact of the funding. Grants were awarded to user-led groups or organisations, which were run, governed or delivered by people with direct experience of the kinds of challenges faced by the people they intend to help or support.

For the Synergi Grants, applications were received over a period of three weeks at the start of 2023. Applications were longlisted by teams of two Grants Officers who comprised members of the Synergi Grants Staff team, NSUN Communities and Grants team and NSUN's Communications Team as well as a freelance associate. Longlisted applicants received a follow-up call from a grants officer and the strongest applications were shortlisted by the Grant Officer team. Shortlisted applications went to one of two panels comprising of the CEO, an NSUN board member, NSUN members and various independent parties with an interest in the work. Where successful, restricted grants were awarded to groups, subject to agreement with the terms and conditions set out in the grant agreement. NSUN's policy is that all grantees confirmed full expenditure of the grant in writing, and received a follow-up call with a member of the Synergi team to discuss the impact of the funding. Grants were awarded to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma, to take action on mental health and racial justice.

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Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Key Risks and Uncertainty

The Trustees regularly review the principal risks and major uncertainties to which the charity may be exposed and systems and procedures have been established to manage those risks.

The Board review the risk register at every Board Meeting (at least quarterly) which lists the key risks identified together with a risk score calculated based on the probability and the potential impact of the risk concerned. A separate Synergi High Level Risk Register is also shared and discussed as a standing item, due to the size and complexity of Synergi as a hosted project, and the associated risks. Actions being taken to manage the identified risks are listed on the registers.

Key risks identified during the year are:

- 1) The limited number of grantmaking trusts and foundations which fund NSUN's work and the low level of unrestricted reserves together with the approaching end of multiyear funded at the end of the 2022/23 year mean that potential funding gaps are a key risk for the organisation. This is being managed through a fundraising strategy which identifies funding pipelines and seeks to diversify income sources where possible. 100% of funding has been secured for 2022/23 and the funding pipeline is discussed at every board meeting, looking several years ahead.
- 2) The significant growth of the organisation, with the start of the Synergi programme of work, as well as the reliance of key members of staff was another key risk over the year. The creation of the Head of Operations and Finance role provided additional support for the CEO and reduced the risk overall. Continued integration of the larger team, following the recruitment of a new CEO and Synergi Director remains a key focus for the 2023/24.
- 3) The Cost of Living Crisis was a further key risk during the year. Whilst the organisation is sheltered from increasing operating costs as a result of operating remotely with low overheads, the personal impact on the staff team remains a significant risk, both to individuals' wellbeing and to staff retention. We were grateful to have received uplift funding from a number of funders which enabled us to provide Cost of Living payments to staff over winter 2022 and will again enable us to make these payments in winter 2023 alongside a small Costs of Living increase.

National Survivor User Network

Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Contribution made by volunteers

We are incredibly grateful to all of the volunteers, many of whom have provided considerable pro-bono support valued at £20,073 (2022:£32,878) and included within the financial statements. In the year ended March 2023 this support related to pro-bono legal support around the CIO conversion.

Structure Governance and Management

Up to 6 June 2023, National Survivor User Network (NSUN) was a Charitable Company Limited by Guarantee with charity number 1135980 and Company number 1032145.

Following final approval at the AGM in February 2023, NSUN's conversion to a Charitable Incorporated Organisation (CIO) was completed by the charity commission on the 6th June 2023. NSUN's charity number remains 1135980 and the governing document from this point is its Constitution. The charity continues to operate in England.

Trustees are elected at the Annual General Meeting or co-opted onto the Board when a serving Trustee resigns during the year. The Constitution states that the minimum number of Trustees should be three and the maximum twelve. A third of trustees must retire at each AGM which falls on or after the third anniversary of their appointment and may be reappointed.

Skills gaps at Board level are addressed by regular skills audits. New Trustees are inducted by the Chair, Vice- Chair, CEO and Head of Operations and Finance and offered training as necessary.

The Board meets at least five times a year.

Day-to-day management of the charity has been delegated to the CEO. The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

National Survivor User Network

Trustees' Annual Report for the period for the year ended 31 March 2023 (continued)

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of NSUN, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible for appraising the performance of the CEO and Trustees.

During the year, there were eleven other members of staff ("Associates") who are line managed and appraised by the CEO. The staff team was supported by several freelance associates.

The Board makes use of tasks and finish groups and sub committees where needed to undertake specific tasks. In 2022/23 a group of trustees supported the Board development process, a further group of trustees supported the recruitment of new trustees and a number of trustees meet informally to review the finance papers.

The Board was also supported in its work around the Synergi Project by the Synergi Governance Board, which comprised six members with a specific interest in the work, including one member of the NSUN Board of Trustees. The Governance Board operates under a terms of reference approved by the NSUN Board.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the NSUN Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

Details of Trustee expenses and related party transactions are disclosed in note twenty to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

National Survivor User Network

Trustee's Annual Report for the period for the year ended 31 March 2023 (continued)

Trustees' responsibilities in relation to the financial statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity was passed at the Annual General Meeting on the 28th February 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 12th July 2023 and was signed on its behalf, by:

Angela Newton

Angela Newton
Chair

Independent Examiner's Report to the Trustees of National Survivor User Network

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2023 which are set out on pages 21 to 43.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records ; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Tourville

Michael Tourville FCA

Beever and Struthers

Chartered Accountants

150 Minories

London

EC3N 1LS

Date: 1 September 2023

National Survivor User Network
Statement of Financial Activities (including summary income and expenditure account)
For the year ended 31 March 2023

	Notes	Unrestricted Funds	Restricted Funds	Total 31.03.2023	Unrestricted Funds	Restricted Funds	Total 31.03.2022
		£	£	£	£	£	£
Income from:							
Legacies and Donations							
Grants and Donations	3	143,354	680,812	824,166	134,627	292,070	426,697
Charitable Activities							
Contracts and Consultancy		12,734	26,718	39,452	61,950	19,521	81,471
Interest		799	-	799			
Total Income		156,887	707,530	864,417	196,577	311,591	508,168
Expenditure on:							
Costs of raising funds	4	20,684	-	20,684	18,103	-	18,103
Charitable Activities							
Knowledge		9,450	54,474	63,924	35,272	31,208	66,480
Collaboration		8,933	124,635	133,568	82,970	140,144	223,114
Voice		61,239	42,050	103,289	31,876	44,219	76,095
Resourcing		30,967	16,826	47,793	2,652	36,058	38,710
Synergi		-	335,696	335,696	29,095	35,961	65,056
Total Charitable Activities	4	110,589	573,681	684,270	181,865	287,590	469,455
Total Expenditure		131,273	573,681	704,954	199,968	287,590	487,558
Net income/(expenditure)		25,614	133,849	159,463	(3,391)	24,001	20,610
Transfer between funds		-	-	-	1,848	(1,848)	-
Net movement in funds for the year		25,614	133,849	159,463	(1,543)	22,153	20,610
Reconciliation of funds							
Total funds brought forward	16b	71,914	83,244	155,158	73,457	61,091	134,548
Total funds carried forward	17	97,528	217,093	314,621	71,914	83,244	155,158

All income and expenditure derive from continuing activities. The Statement of Financial Activities includes all gains and losses recognised during the year. The notes on pages 25-43 form an integral part of these financial statements

	Notes	31.03.2023	31.03.2022
		£	£
Fixed Assets			
Tangible assets	12	<u>2,751</u>	<u>1,462</u>
Total Fixed Assets		2,751	1,462
Current Assets			
Debtors	13	21,920	2,168
Cash at bank and in hand	21	<u>343,204</u>	<u>178,849</u>
Total Current Assets		365,124	181,017
Creditors:			
Creditors falling due within one year	14	<u>53,254</u>	<u>27,321</u>
Net Current Assets		<u>311,870</u>	<u>153,696</u>
Total Assets less current liabilities		314,621	155,158
Total Net Assets		<u>314,621</u>	<u>155,158</u>
The Funds of the charity:			
Unrestricted income funds		97,528	71,914
Restricted income funds		217,093	83,244
Total charity funds	17	<u>314,621</u>	<u>155,158</u>

The financial statements set out on pages 22-43 were approved by the Trustees and authorised for issue on 12th July 2023 and signed on their behalf by:

Angela Newton

.....
Angela Newton (Chair)

The notes on pages 25-43 form an integral part of these financial statements

National Survivor User Network
Statement of Cash Flows
For the year ended 31 March 2023

	Notes	31.03.2023	31.03.2022
		£	£
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	20	167,227	25,128
Cash flows from investing activities			
Purchase of tangible fixed assets		(3,147)	(1,457)
Proceeds from sale of fixed assets		275	0
Net cash (used in) provided by investing activities		(2,872)	(1,457)
Change in cash in the reporting period		164,355	23,670
Cash at the beginning of the reporting period		178,849	155,178
Cash at the end of the reporting period	21	<u><u>343,204</u></u>	<u><u>178,848</u></u>

The notes on pages 25-43 form an integral part of these financial statements

1. Basis of Preparation

1.a Basis of Accounting

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

1.b Legal Form

National Survivor User Network was a charitable company incorporated in England under the Companies Act 2006 up to 6 June 2023, when it then converted to a Charitable Incorporated Organisation. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is 150 Minories, London, EC3N 1LS. The charity's operations and principal activities are included on page 2 and 3 of the Trustees' annual report.

1.c Going Concern

The financial statements are prepared on a going concern basis. The Trustees have looked at least 12 months from the signing date of these accounts, considering the charity's cost base, reserves and secured funding and have concluded that there are no material uncertainties around the charity's ability to continue as a going concern.

1.d Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

1.e Significant accounting estimates and judgements

Aside from going concern set out in 1c above, there have been no other key estimates or judgements required in determining the carrying values of assets and liabilities.

2. Accounting Policies

Income

2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP.

2.c Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt.

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

2.d Government grants

The charity has received government grants in the reporting period and these are disclosed in note 3a.

2.e Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2.f Contractual income

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

2. Accounting Policies (continued)

2.g Donated goods and services/facilities

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

2.h Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure

2.i Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

2.j Allocation of governance and support costs

Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel development and support, financial support, insurances and IT support.

Governance costs comprise the costs involving the public accountability of the charity (including independent examination costs) and costs in respect of its compliance with regulation and good practice.

Support costs including governance costs are apportioned based on the proportion of time spent on each activity by staff.

Assets and Liabilities

2.l Accrued and deferred income

Accrued income relates to gift aid receivable only.

Deferred income relates to contract income received where a proportion of the work remains incomplete.

2.m Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.n Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

2.o Bank and Cash

Cash includes cash held in the charity's bank accounts, amounts held by PayPal and Equals Money.

2.p Tangible fixed assets for use by the charity

Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight-line basis.

3. Grants and Donations

	Unrestricted Funds	Restricted Funds	Total 31.03.2023	Total 31.03.2022
	£	£	£	£
Donations from Individuals and organisations	2,381	27,942	30,323	75,304
Grant Income (note 3b)	120,450	652,870	773,320	318,515
Donated gift and services (note 3c)	20,523	-	20,523	32,878
	<u>143,354</u>	<u>680,812</u>	<u>824,166</u>	<u>426,697</u>

3b. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Unrestricted Funds	Restricted Funds	Total 31.03.2023	Total 31.03.2022
	£	£	£	£
Be the Earth Foundation	-	3,600	3,600	-
Esmee Fairbairn Charitable Trust- Core grants	-	-	-	66,000
John Ellerman Foundation	-	30,000	30,000	30,000
Joseph Rowntree Charitable Trust	30,321	-	30,321	-
Joseph Rowntree Charitable Trust- UFFC	1,333	-	1,333	-
Lankelly Chase- Knowledge Fund	31,000	-	31,000	30,000
Lankelly Chase- Synergi	-	445,532	445,532	38,179
LGBT+ Futures: Equity Fund	-	25,000	25,000	-
Mind Peerfest- Sustaining Spaces Fund	-	-	-	29,920
Mind Sustaining Spaces Fund	33,864	-	33,864	-
Mind- Coronavirus Mental Health Response Fund (DHSC)	-	-	-	2,554
National Lottery Community Fund- RC London and South East Region	-	108,213	108,213	59,614
Kings College London- Student Mental Health Research Network	-	-	-	1,848
The Tudor Trust	22,000	-	22,000	20,000
The Tudor Trust- development grant	-	-	-	5,000
Trust for London	-	40,525	40,525	35,400
University of Wolverhampton - SMaRteN	1,932	-	1,932	-
	<u>120,450</u>	<u>652,870</u>	<u>773,320</u>	<u>318,515</u>

No Government Grants were received in 2023 or 2022. As set out above funds were received from the National Lottery Community Fund totalling £108,213 (2022: £55,614).

3c. Donated goods, Facilities and Services

	Total 31.03.2023 £	Total 31.03.2022 £
Use of meeting rooms and office space	-	-
Membership Subscriptions	450	-
Legal Advice in relation to Articles of Association	20,073	29,628
Coaching Support for CEO	-	1,000
Communications Support	-	-
Consultancy	-	-
Room Hire	-	2,000
Waived Contributors Fees	-	250
	<u>20,523</u>	<u>32,878</u>

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that amount can be measured reliably.

There are no unfulfilled conditions or other contingencies associated with the donated services or facilities

The time given by volunteers is not recognised in the accounts however we are extremely grateful for to all NSUN volunteers

4. Resources expended

	Direct Staff Costs	Direct Costs	Support Costs (Note 6)	Total 31.03.2023	Total 31.03.2022
	£	£	£	£	£
Costs of Raising Funds	17,339	-	3,345	20,684	18,103
Charitable Activities					
Knowledge					
Communications	39,616	2,262	15,426	57,304	63,477
Other Projects	-	4,400	-	4,400	3,003
National Elf partnership	-	2,220	-	2,220	-
	39,616	8,882	15,426	63,924	66,480
Collaboration					
Membership	27,983	2,743	10,935	41,661	58,857
Community Constellations	26,554	400	10,034	36,988	66,471
Lived Experience Leadership	-	-	-	-	7,648
Mind Peer Support	-	-	-	-	4,653
Hosted Projects- North East Together	2,015	6,902	772	9,689	7,195
Hosted Projects- Survivor Researcher Network	732	-	129	861	8,387
Hosted Projects- misery	4,720	36,255	1,672	42,647	-
Hosted Projects- 2027 Project	732	-	129	861	69,903
Hosted Projects- UFFC	732	-	129	861	-
	63,468	46,300	23,800	133,568	223,114
Voice					
Influencing policy work	61,428	1,850	39,236	102,514	68,956
Keeping Control	-	-	-	-	846
Other Projects	-	775	-	775	6,293
	61,428	2,625	39,236	103,289	76,095
Resourcing					
Grants to user led groups (note 21)					
NSUN Covid-19 Fund	-	-	-	-	5,237
NSUN Side by Side Fund	-	-	-	-	33,473
Sustaining Spaces	15,442	27,172	5,179	47,793	-
	15,442	27,172	5,179	47,793	38,710
Synergi					
Synergi Project	105,944	15,900	33,694	155,538	65,056
Synergi Small Grants Scheme	35,971	132,748	11,439	180,158	-
	141,915	148,648	45,133	335,696	65,056
Total Cost of Charitable Activities	321,869	233,627	128,774	684,270	469,455
Total Costs	339,208	233,627	132,119	704,954	487,558

5. Resources expended in the previous year

	Direct Staff Costs	Direct Costs	Support Costs (Note 6)	Total 31.03.2022
	£	£	£	£
Costs of Raising Funds	11,748	-	6,355	18,103
Charitable Activities				
Knowledge				
Communications	31,495	2,881	29,101	63,477
Other Projects	619	2,050	334	3,003
	32,114	4,931	29,435	66,480
Collaboration				
Membership	26,763	6,873	25,221	58,857
Community Constellations	27,341	13,508	25,622	66,471
Lived Experience Leadership	1,844	4,600	1,204	7,648
Mind Peer Support	619	3,700	334	4,653
Hosted Projects- North East Together	619	6,242	334	7,195
Hosted Projects- Survivor Researcher Network	1,446	6,027	914	8,387
Hosted Projects- 2027 Project	500	69,403	-	69,903
	59,132	110,353	53,629	223,114
Voice				
Influencing policy work	37,719	1,500	29,737	68,956
Keeping Control	-	846	-	846
Other Projects	608	5,150	535	6,293
	38,327	7,496	30,272	76,095
Resourcing				
Grants to user led groups (note 21)				
NSUN Covid-19 Fund	2,713	450	2,074	5,237
NSUN Side by Side Fund	4,672	24,854	3,947	33,473
	7,385	25,304	6,021	38,710
Synergi				
Synergi	16,155	39,546	9,355	65,056
Total Cost of Charitable Activities	153,113	187,630	128,712	469,455
Total Costs	164,861	187,630	135,067	487,558

6. Support Costs

	Total 31.03.2023 £	Total 31.03.2022 £
Support Staff Costs, including governance (see note 7)	42,280	27,890
Direct Governance costs (see note 7)	35,301	57,153
Consultancy	-	-
Legal and Professional Fees	5,790	140
Storage	-	461
Use of rooms - in kind donations	-	-
Payroll, Accountancy and Bookkeeping	8,715	9,797
Website costs	12,646	10,290
Stationary, Postage, Telephones and IT costs	11,534	12,134
Insurance and HR support	2,109	571
Advertising, Recruitment and Subscriptions	1,670	1,603
Staff Travel and Wellness	4,531	2,676
Staff Training costs	4,126	10,448
Depreciation and profit on disposal	1,583	607
Other	1,834	1,297
	<u>132,119</u>	<u>135,067</u>

Support costs, including governance costs, are apportioned based across the activities shown in note 4 on the proportion of time spent on each activity by staff

7. Governance costs

	Total 31.03.2023 £	Total 31.03.2022 £
Governance costs are included within support costs (note 6) and comprise		
Staff costs	18,017	12,731
Independent Examination	2,600	2,160
Board expenses and training	3,213	9,174
Strategic work	3,000	10,790
Legal advice - including in-kind support	20,073	29,628
Trustee Recruitment	1,067	-
Governance support	5,348	5,401
	<u>53,318</u>	<u>69,884</u>

8. Net expenditure for the year

	Total 31.03.2023 £	Total 31.03.2022 £
This is stated after the following		
Depreciation of tangible fixed assets	1,045	607
Profit/(loss) on disposal of Fixed Assets	(538)	-
Independent Examination Fees (including VAT)		
- Independent Examination	2,600	2,266
- Other Services	-	480

9. Analysis of staff costs and the cost of key management personnel

	Total 31.03.2023 £	Total 31.03.2022 £
The staff costs were		
Wages and Salaries	325,665	174,242
Social Security Costs	28,513	12,740
Pension Costs	13,799	3,344
	<u>367,977</u>	<u>190,326</u>

One employee received employee benefits (excluding employer pension costs) for the reporting period of between £60,000 and £70,000 (2021/22: one)

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expenses for the year ended 31 March 2023 and total £13,799 (2022:£3,344).

The key management personnel of the charity comprise the Trustees and the CEO (2021/22 Trustees and CEO). The total amount paid, including Employers National Insurance and Pension, to the CEO in the financial year ended 31 March 2023 was £71,134 (2021/22 £63,110)

No trustees received any payment for their services to the charity (2022:none) One trustee received payment for professional services to the charity totalling £3,200 (2022: £350)

10. Staff numbers

The average number of employees (headcount based on number of staff employed) during the year was 9.5 (2022:6) with a full time equivalent of 7.9 (2022: 4.9)

The full time equivalent across the various areas of operation was

	2023	2022
Management	1	1
Charitable activities	6	3.3
Operations and administration	0.9	0.6
	<u>7.9</u>	<u>4.9</u>

11. Taxation

National Survivor User Network is a registered charity and as such its income and gains falling within Section 471 to 489 of the Corporation Tax Act 2010 or Section 256 of Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable objectives.

12. Tangible Fixed Assets

	IT Equipment £	Total £
Cost		
As at 1 April 2022	2,429	2,429
Additions	3,147	3,147
Disposals	(1,396)	(1,396)
As at 31 March 2023	<u>4,181</u>	<u>4,181</u>
Depreciation		
As at 1 April 2021	967	967
Charge for the year	1,045	1,045
Disposals	(583)	(582)
As at 31 March 2022	<u>1,429</u>	<u>1,430</u>
Net Book Value		
As at 31 March 2022	<u>1,462</u>	<u>1,462</u>
As at 31 March 2023	<u>2,751</u>	<u>2,751</u>

13. Debtors

	Total 31.03.2023 £	Total 31.03.2022 £
Trade debtors	13,400	300
Prepayments	2,645	1,834
Other Debtors	1,742	-
Gift Aid Accrued Income	4,133	34
	<u>21,920</u>	<u>2,168</u>

All debtors relate to amounts owed within one year

14. Creditors: Amounts falling due within one year

	Total 31.03.2023 £	Total 31.03.2022 £
Trade creditors	5,945	693
Lease Accrual	1,640	1,640
Other Creditors- Social Security	10,268	5,392
Accruals	19,001	6,346
Grants payable	9,000	-
Deferred Income (note 15)	7,400	13,250
	<u>53,254</u>	<u>27,321</u>

An accrual has been made for grants awarded under the Synergi grants programme but not yet paid at the year end of £9,000 (2022:£nil)

Movement in recognised grant commitments during the year

	Grant Commitments Accrued 31.03.2023 £	31.03.2022 £
Grant commitment recognised at the start of the year	-	-
New Grant Commitments charged to the SoFA in year	136,355	88,047
Grants paid during the year	(127,355)	(88,047)
Amount of grant commitments recognised as at 31st March 2023	<u>£ 9,000</u>	<u>£ -</u>

15. Deferred Income

	Total 31.03.2023 £	Total 31.03.2022 £
Balance at 1 April 2022	13,250	11,225
Released in the year	(13,250)	(11,225)
Deferred in the year	7,400	13,250
Balance at 31 March 2023	<u>7,400</u>	<u>13,250</u>

Income has been deferred in relation to agreed activities supporting Central North West London NHS Foundation Trust which had not been delivered at the year end. 2021/22 deferred income related to contracts with also relates to contracts with Mind (£7,350) and NHS Cumbria (£6,000).

16. Analysis of charitable funds

16a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward	Income	Expenditure	Fund balance at
	01.04.2022 £	£	£	31.03.2023 £
Unrestricted Funds	71,914	156,887	(131,273)	97,528
Restricted funds				
2027 Project	1,500	-	(1,500)	-
John Ellerman Foundation	30,000	30,000	(35,971)	24,029
Lankelly Chase- Synergi	2,218	445,532	(335,696)	112,054
LGBT Futures	-	25,000	(5,590)	19,410
Mind Side by Side Fund	1,050	-	(1,050)	-
misery	14,021	38,880	(32,385)	20,516
National Lottery Community Fund- RC	-			
London and South East Region		108,213	(98,143)	10,070
North East Together	3,079	18,671	(6,901)	14,849
NSUN Small Grants Programme	-	709	(10)	699
The Tudor Trust	20,083	-	(20,083)	-
The Tudor Trust- development grant	1,310	-	(1,310)	-
Trust for London	9,983	40,525	(35,042)	15,466
Total Restricted Funds	83,244	707,530	(573,681)	217,093
Total Funds	155,158	864,417	(704,954)	314,621

Restricted Fund

2027 Project
John Ellerman Foundation
Lankelly Chase- Synergi
LGBT Futures
Mind- NSUN Side by Side Fund
misery
National Lottery Community Fund- RC
London and South East Region
North East Together
NSUN Small Grants Programme
The Tudor Trust
The Tudor Trust- development grant
Trust for London

Purpose of fund

Funding for the 2027 project
Funding towards core costs of NSUN
First year of a 3-year grant for the Synergi Project
Funding for the misery herbal walks programme
Funding towards the costs of the NSUN Side-by-Side small grants fund
Funds held towards the activities of the misery hosted project

Funding towards membership support and community constellations

Funds held to support work in the North East
Restricted donations for small grants
Core funding
Funding towards NSUN's strategic development work
Funding towards Policy Officer and Policy work

16b. Details of charitable funds held and movements during the previous reporting period

	Fund balance brought forward 01.04.2021 £	Income £	Expenditure £	Transfer £	Fund balance at 31.03.2022 £
Unrestricted Funds	73,457	196,577	(199,968)	1,848	71,914
Restricted funds					
2027 Project	-	71,403	(69,903)	-	1,500
City Bridge Trust- London Community Response Fund - Wave 3	19,977		(19,977)	-	-
Esmee Fairbairn- Strategy Support	4,320		(4,320)	-	-
John Ellerman Foundation	-	30,000		-	30,000
Lankelly Chase- Synergi	-	38,179	(35,961)	-	2,218
Mind Side by Side Fund	-	29,920	(28,870)	-	1,050
Mind- Coronavirus Mental Health Response misery	4,531	2,554	(5,237)	(1,848)	-
National Lottery Community Fund- RC London and South East Region	-	59,614	(59,614)	-	-
North East Together	3,820	5,500	(6,241)	-	3,079
The Tudor Trust	21,344	20,000	(21,261)	-	20,083
The Tudor Trust- development grant	-	5,000	(3,690)	-	1,310
Trust for London	7,099	35,400	(32,516)	-	9,983
Total Restricted Funds	61,091	311,591	(287,590)	(1,848)	83,244
Total Funds	134,548	508,168	(487,558)	-	155,158

17. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 31.03.23 £	Total Funds 31.03.22 £
Fixed Assets	1,247	1,504	2,751	1,462
Current Assets	118,714	246,410	365,124	181,017
Creditors: amounts falling due within one year	(22,433)	(30,821)	(53,254)	(27,321)
	97,528	217,093	314,621	155,158

18. Financial Instruments

At the Balance Sheet date the Charity held the following:

	31.03.23 £	31.03.22 £
Financial Assets		
Measured at cost:		
Cash at bank	343,204	178,849
Measured at amortised cost:		
Trade Debtors	13,400	300
Other Debtors	1,742	-
Gift Aid Accrued Income	4,133	34
Total Financial Assets	362,479	179,183
Financial Liabilities		
Measured at amortised cost:		
Trade creditors	5,945	693
Lease Accrual	1,640	1,640
Other Creditors- Social Security	10,268	5,392
Accruals	19,001	6,346
Grants payable	9,000	-
Total Financial Liabilities	45,854	14,071

19. Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits in relation to their role as Trustees with the charity. (2022: none)

During the year five trustees was reimbursed expenses incurred as part of their role as a Trustee totalling £761.84 (2022:£99 was reimbursed to one trustee)

During the year, training and board development costs totalling £2,219 (2022: £6,094) were paid for nine Trustees (2022:nine)

Payments totalling £3,200 (2022: £350) were paid to NSUN trustee Shuranjeet Takhar for their role on the Synergi Governance Board. These payments were made under a written agreement and agree to be in the best interest of NSUN by the Trustee board.

In 2021/22 a payment of a subgrant to the Centre for Knowledge and Equity for the 2027 Project was made totalling £69,403. One of the Project Partners under the agreement with Centre for Knowledge and Equity was Ten Years' Time where NSUN Chair Angela Newton is Managing Director. Angela Newton declared the conflict of interest, was not involved in the agreement of the project, and did not directly benefit from the agreement.

A workshop was delivered to Ten Years' Time during the year with total income of £300 (2022: £700). Angela Newton, the Chair of Trustees is also Managing Director at Ten Years' Time. The training was provided on normal commercial terms.

Consultancy delivered to Taraki Wellbeing during the year with total income of £300 (2022: £nil). Shuranjeet Takhar, a NSUN trustee is also Director at Taraki. The consultancy was provided on normal commercial terms.

During the year one trustee (2022:none) made donations to the work of NSUN totalling £525

20. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	Total 31.03.2023 £	Total 31.03.2022 £
Net income for the reporting period (as per the statement of financial activities)	159,463	20,610
Adjustment for :		
Depreciation charges	1,045	607
(Profit)/loss on disposal of equipment	538	-
(Increase)/decrease in debtors	(19,752)	5,719
Increase/(decrease) in creditors	25,933	(1,808)
Net cash provided by operating activities	167,227	25,128

21. Cash at bank and in hand

	Total 31.03.2023 £	Total 31.03.2022 £
Cash at bank	333,011	169,092
North East Together Account	8,374	8,874
North East Together Cash	200	200
Equals Money Card	1,619	683
PayPal	-	-
Total Cash	343,204	178,849

22. Analysis of changes in net debt

	31.03.22 £	Cash flows £	31.03.23 £
Short and long term loan liabilities	-	-	-
Total Liabilities	-	-	-
Cash and cash equivalents	178,849	164,355	343,204
Total net debt	178,849	164,355	343,204

23. Analysis of Grants

	Total 31.03.2023 £	Total 31.03.2022 £
NSUN Side by Side Fund	-	18,644
NSUN Sustaining Spaces Fund	25,355	-
Synergi Grant Fund	111,000	-
2027 Project Sub-Grant	-	69,403
Total Grants to Institutions	136,355	88,047

In 2022/23 The NSUN Sustaining Space fund awarded grants of between £500 and £1,000 to groups facilitating community spaces where people shared identities and experiences come together in support of one another's wellbeing. Grants were funded by Mind's Peerfest Project.

In 2023/23 The Synergi Small Grants programme awarded 37 grants of £3,000 to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma to take action on mental health and racial justice.

In 2021/22 The NSUN Side by Side fund awarded grants to peer support, mutual aid or self-help groups in England and Wales to connect remotely, prepare to move their activities to face-to-face, or make their group more sustainable. The grant was aimed at groups that benefit people or communities who live with mental ill-health, trauma and distress, take place in a community setting (i.e. not NHS or local authority), and are in some way led by members of the community they engage. Grants were funded by Mind's Side by Side: Peer support in the community project.

In 2021/22, a sub grant was awarded to the Centre for Knowledge and Equity for the delivery of the 2027 Project, which focuses on embedding lived experience within decision-making roles in critical local and regional institutions including NHS trusts.

No grants were awarded to individuals

Reconciliation to Direct costs (Note 4)

	Total 31.03.2023 £	Total 31.03.2022 £
Grants to institutions- NSUN Side by Side Fund	-	18,644
Grants to institutions- NSUN Sustaining Spaces Fund	25,355	-
Grants to institutions- Synergi Small Grants	111,000	-
Direct cost of administration of funds (including Panel and Evaluation costs)	23,565	20,066
Total Direct costs of NSUN Grants	159,920	38,710

23. Analysis of Grants (continued)

	Total 31.03.2023 £	Total 31.03.2022 £
Recipients of Intuitional grants		
Recipients of NSUN Sustaining Space/Side by Side		
Al-Abbas	-	500
All about Women	-	500
Angels of Hope for Women	1,000	500
Be Active Recovery Group	996	-
Blue Van Armed Forces & Veterans	-	500
Borashabaa Refugee Community Organisation	1,000	-
Community of Cultures	1,000	-
Compassionate Conversations	755	-
Decolonised Network	-	500
Downham Dementia Support	-	500
Dulwich Islamic Centre	-	500
Experts by Experience	-	500
Family Unit Trust	1,000	-
Food Troops	-	500
Freedom4Girls	-	500
GIN LGBTQIA Indian Network	1,000	-
Girls Against Anxiety	1,000	-
GUSU	-	500
Happy and Healthy	1,000	500
Happy Hooves	-	500
Hong Kong Adoptee Network	-	500
Humanity Concern Projects	-	500
I Am My Sister	-	500
Inspire Women, Men and Children	-	500
Learnest CIC	1,000	-
Sub total carried forward to next page	9,751	8,500

23. Analysis of Grants (continued)

Recipients of Intuitional grants (continued from previous page)	Total 31.03.2023 £	Total 31.03.2022 £
Sub total from previous page	9,751	8,500
Let's Talk About Loss	-	-
Lighthouse	-	500
Manchester Roots	180	-
Marlborough Theatre Productions	1,000	-
MASAKHANE	-	500
Migrant Empowerment Group	-	500
Mind in Camden	-	500
Mix Up	1,000	-
Norwich Access Group	-	500
Organic Arts	-	500
Out in the Bay	1,000	-
Plushealth	950	-
People Come First	600	-
Proud North London	750	-
Renew	-	500
Rochdale Dawah Centre	-	500
Rotherham Wellness & Wellbeing Through the Arts	1,000	-
SAM Recovery Swansea	-	500
Sangini	1,000	-
SAYIT	-	500
Shining Stars	-	500
Shropshire Epilepsy	-	500
Sporting Recovery	1,000	-
STAR Blackpool	144	144
Survivors' Poetry		
Sub total carried forward to next page	18,375	15,644

23. Analysis of Grants (continued)

Recipients of Intuitional grants (continued)	Total 31.03.2023 £	Total 31.03.2022 £
Sub total from previous page	18,375	15,644
The Black Men's Consortium	1,000	-
The Happy Health Hub	1,000	-
The Lokki Foundation	-	500
The Outside Project	1,000	-
The Wellness Tribe	-	500
Together As One	980	-
Trans Aid Cymru	-	500
TransSober	1,000	-
WOC Azadi Collective	1,000	-
Women of Colour Peer Support	1,000	-
Women and Digital Exclusion	-	500
Woodenstone	-	500
Youth Ngage Kent UK	-	500
Total Recipients of NSUN Sustaining Spaces Grants/Side by Side Fund	25,355	18,644
Recipients of Synergi Grants	Total 31.03.2023 £	Total 31.03.2022 £
Abolition x Health	3,000	-
Across Borders	3,000	-
ADHD Babes	3,000	-
Adira	3,000	-
Adiyah Muslim Abortion Collective	3,000	-
Adoptee Futures CIC	3,000	-
Awaken Genius Alternative Education	3,000	-
Babylon Migrants Project	3,000	-
BARAC UK	3,000	-
Be Active Recovery Group	3,000	-
Black Muslim Women Healing Collective	3,000	-
Collective Futurism	3,000	-
DiaspoRainbow	3,000	-
Eritrean Community Teesside	3,000	-
Families in Harmony	3,000	-
Foundation for Renewal and Fora	3,000	-
Golden Careers Champions	3,000	-
Holding Hands North East CIC	3,000	-
Holding Her Space	3,000	-
Hummingbird Senior Citizens Club	3,000	-
Mr Boy Cookery School CIC	3,000	-
Nejma Collective	3,000	-
Nergiz Kurdish Women's Group	3,000	-
oestrogenation	3,000	-
Organising our Earth Selves	3,000	-
Oxford Community Action	3,000	-
Sub total carried forward to next page	78,000	-

	Total 31.03.2023 £	Total 31.03.2022 £
Sub total from previous page	78,000	-
Peaks of Colour	3,000	-
Resistance Is Our Mother Tongue	3,000	-
Therapeutic Productions CIC	3,000	-
The Rights Collective	3,000	-
The Syria Families Group (now Bring British Families Home)	3,000	-
The Windrush Movement (UK)	3,000	-
The Youth Excellence Academy	3,000	-
Womens Lounge	3,000	-
York Anti Racist Collective	3,000	-
Yuvanis Foundation	3,000	-
Other	3,000	-
Total Recipients of Synergi Grants	111,000	-

Recipients of 2027 Project Sub-Grant

Centre for Knowledge and Equity	-	69,403
Total Grants to institutions	136,355	88,047

24. Operating Leases

The Charity did not have any operating leases in the year (2022: none)

25. Capital Commitments

There are no capital commitments as at 31 March 2023 (2022: Nil).

26. Contingent Liability

As at 31 March 23, there is a pending legal case against NSUN for which there is a possible liability of £5,000. This has not been recognised in the Statement of Financial Activities as at 31 March 23.

28. Events after the end of the reporting period

The Charity converted to a Charitable Incorporated Organisation on the 6 June 2023.