## **NSUN THEORY OF CHANGE**

**LONG TERM SHORT TERM THEMES ACTIVITIES HORIZON OUTCOME** OUTPUT Plurality of lived Informal Blogs, comments Lived experience-led knowledge experiences conversations, pieces, reports, production & research, interviews toolkits are centered in creation the mental Knowledge health space & Establishing organisational & Mapping of the Establish a acknowledged sector research network collective memory as legitimate knowledge Facilitate informal Creating spaces for Modeling good collaboration networks those with lived nurturing conditions within MH work experience working towards similar goals hat support other themes Collective power is built & Contributing to the sustainability of Develop resources AGM & Member's on how groups can work well together exercised by Collaboration event user-led MH work grassroots groups Critical expertise on Communicate charity governance & how it impacts learnings from joint Hosting projects partnership working user-led MH work Re-imagines A challenge to Producing user-led Identifying traditional policy silos mental health policy traditional policy & unjust hierarchies of recommendations mechanisms & policy that evidence radical alternatives draws on a Voice plurality of **Policy** Greater autonomy Identifying sources & lived recommendations of user-led groups member priorities based on member (deprioritising experiences priorities external pressures) Gather knowledge Influence funders to Alternative funding around material & establish better models that better other needs of ULGs practice serve ULGs Redistribution of power & Improve our funding **ULGs spend less Deliver micro** resources in practice & share time & resources on Resourcing grants funds learning fundraising the mental health space Meet user led ULGs have access to Facilitate

groups' short term

needs

collaboration

Accountability line

funds without burdens

of reporting &

according to need