



National Survivor User Network

(A company limited by guarantee)

Report and Financial Statements

Unaudited

For the period ended 31st March 2020

Charity Number 1135980

Company Number 07166851

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National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020

Reference and Administrative Information

Charity Name:	National Survivor User Network	
Charity Registration Number:	1135980	
Company Registration Number:	1032145	
Registered Address:	NSUN Ltd, Kemp House, 152-160 City Road, London EC1V 2NX	
Trustees:	Zoe Bennett	(from October 19)
	Alisdair Cameron	
	Eleni Chambers	
	Joe Kelly	(until October 19)
	Nick Kennedy	(Co-opted)
	Dominic Makuvachuma	(until October 19)
	Nic Murray	
	Angela Newton (Harris), Interim Chair	(Co-opted February 20)
	Helen Oldfield, Treasurer	
	Jonathan Rackham	(Co-opted)
	Emily Reynolds	(from October 19)
	Rachel Rowan Olive	
	Amy Ruhston	(Co-opted)
	Julia Smith	
	Dawn Wills, Secretary	
	Mark Wood	
CEO/Managing Director :	Akiko Hart (from 6 January 2020) Sarah Yiannoullou (until 21 st February 2020)	
Independent Examiners:	Martin Morrison & Co, Unit 43 The Coach House, 66/70 Bourne Road, Bexley, Kent. DA5 1LU	
Bankers:	Santander, Bootle, Merseyside, L30 4GB	

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

The Trustees present their directors' Report with the Financial Statements for the year ended 31st March 2020. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document and have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2016

Objectives and activities for the public benefit

The objectives of the charity are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. Creating a network which will engage and support the wise diversity of mental health service users and survivors across England in order to strengthen user voices.
2. Facilitating active links between service user groups and individuals.
3. Building capacity for service user groups.
4. Brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of the following activities:

- building capacity in our membership
- strengthening local and regional networks
- capacity building and information sharing
- influencing mental health policy and practice
- representing and relaying members' views at all high level mental health policy levels and communicating practice, policy and legislative changes back to members
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

Review of Achievements and performance: How our activities delivered public benefit

National Survivor User Network (NSUN) is an independent user-led network, bringing individuals and groups together to communicate, support each other, share experiences and have a voice. It's a membership network led by people with lived experience of mental health issues or long-term mental distress.

NSUN exists to enable change for people who experience long-term distress, discrimination and disadvantage. As a membership organisation, NSUN connects individuals and groups and then supports, encourages, amplifies and advocates so that the issues, ideas, dreams and ambitions of those who live with long-term distress and/or mental ill-health can be realised.

2019/20 Activities:

NSUN continued to promote its members' activities and campaigns, including the NSUN Members' Manifesto and the Kindred Minds BME Manifesto, at every level of activity and involvement. We also supported a number of members to develop their own campaigns. Highlights include the Manchester Users' Network's (MUN) Stepping Down campaign in February 2020, which focused on the challenges facing people being routinely discharged from the care of secondary services to the care of their GP, without adequate support, oversight or information. The campaign was featured on BBC News North West. NSUN also reached out to its members through the weekly bulletin to build a better picture of the stepping down crisis across England, and to connect other local campaigns with MUN.

NSUN also worked on a campaign around peer support in February and March 2020, which was based on an Open Letter written by its members challenging the proposal of a Peer Support Apprenticeship programme, and calling for the values of peer support to be embedded across peer support work in both statutory and community settings. The Open Letter attracted over 100 signatures and was successful in galvanizing widespread support around values-based peer support.

NSUN has continued to work closely with its policy partners in order to influence policy. We are a member of the following coalitions or groups, which we attend so that members' views are heard:

- the Mental Health Independent Advisory Oversight Group, which tracks progress against the NHS Long Term Plan
- Health Education England's New Roles in Mental Health: Peer Support group
- the Mental Health Alliance, which focuses on mental health legislation
- two consortia at the Health & Wellbeing Alliance at Department of Health & Social Care (the Lived Experience Alliance, formerly the Win-Win Alliance, and the Mental Health Consortia)
- the Disability Benefits Consortium, which we joined in 2020
- the Covid-19 & Mental Health Psychosocial Support Government taskforce
- and regular Care Quality Commission (CQC) meetings and updates.

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

Co-production briefings have been produced with the Lived Experience Alliance for the Health & Wellbeing Alliance to promote good practice and provide guidance for meaningful involvement and co-production.

Other 2019/20 highlights include the Keeping Control study, which shines a light on adult safeguarding issues and hate crime/targeted violence for mental health service users, and which will be turned into a leaflet for members in summer 2020 (including an Easy read version); and ongoing work promoting the position and voice of service users within NICE frameworks, including the campaign on NICE guidelines for psychotherapy and depression, which has evolved into a joint project with Essex University and Shaping our Lives in 2020/21 on service user/client choice when accessing services and support for depression.

Through its partnership work with Mind, NSUN built on its 2018/19 work with Sussex Partnership on the Peer Support Charter, to map the full range of peer support available within Sussex, with a view to creating a directory outlining the choices available for someone living with mental ill-health or distress and who is looking for peer support. NSUN also produced two thought pieces around peer support, one on peer support and safety, and the other (alongside Mind and the Association of Mental Health Providers) on peer support within the voluntary and community sector.

In 2019/20, NSUN spoke at the ROFA (Reclaiming our Futures Alliance) Conference and the Violence, Abuse and Mental Health Network Conference (King's College London), and in both highlighted the disproportionate number of racialised people detained under the Mental Health Act.

We held our AGM in York in October 2019, and it was attended by over 100 members. The AGM report is available on our website.

Covid-19

Covid-19 and its aftermath have presented and will continue to present a number of significant challenges for NSUN, as well as some opportunities.

The wider economic consequences of lockdown have hit our members the hardest, and have begun to change our work and our priorities. Many of our members have faced personal challenges, including shielding, bereavement or illness. Covid-19 has highlighted and heightened inequalities, and marginalised or racialised people and communities have been and will continue to be disproportionately affected.

From a funding perspective, whilst NSUN has been successful in securing some Covid-related funding, there are a number of challenges ahead to secure core funding in what will become an increasingly competitive field. From a team perspective, NSUN were already working remotely, and so the move online has not been disruptive for the team.

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

From a policy perspective, the landscape has changed, and NSUN has continued to need to find a balance between responding to events, and continuing its long-standing work. Certain campaigns have been paused (for example, the refresh of the 4Pi involvement framework) or adapted (the Value of User Led Groups campaign). We have been able to be agile in our work, and this is an iterative process. We have focused on key areas where we add value and expertise. For example, In March 2020, NSUN analysed the proposed mental health changes in the Coronavirus Act and wrote two press releases on it, covered in Disability News Service and Mental Health Today. NSUN's analysis was also picked up by policy partners in the human rights and mental health sectors.

There is a growing interest in the role of community and lived experience in mental health policy, and a stated desire to do things differently going forward. It is for NSUN to capitalise on this, and to lead the way in terms of articulating what rights-based mental health policies and practice, centring lived experience and communities, might look like.

Other Covid-19 related activities in March 2020 included keeping our website and social media up to date with useful information, guidance and specialist analysis for our members. This included a general update, official and VCSE information, mental health information, information for user-led groups, information on mutual aid, guidance on how to stay connected digitally, and analysis of the human rights implications.

We also started working with Flexible Films on #NSUNCovidLife, a series of blogs and short, 3 min 'talking to camera' pieces from our members, to our members. We wanted to go beyond the mainstream guidance which doesn't speak to many of our members, and let our members speak about what matters to them - how they are experiencing this crisis, or how they are reaching out to others.

Hosted Project: Real Insight

Real Insight is a group of inspirational people with lived experience from secure settings and multiple disadvantages. Their work transforms services by creating a shift in culture. They achieve this by collaborating with service providers, involving staff, carers and peers through their innovative methods.

After four years of being hosted by NSUN, Real Insight are now independently managing their own day to day business activity, and have secured independent funding. NSUN is still providing some mentoring, and will continue to work closely with Real Insight.

“We have been able to successfully manage this due to the non-judgemental commitment from our host organisation NSUN (National Survivor User Network). As a user-led organisation itself, NSUN empathise and use their own experiences and learning to positively support without prejudices despite the challenges we all face daily. These arrangements demonstrate the benefits of peer to peer support at all levels. From our experience, we believe that newly set up user-led projects should always get the opportunity to get support from already established user-led organisations like NSUN.” Nash Momori, Director of Real Insight

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

Hosted Project: North East together

North East together (NEt) is the Regional Network for people with lived experience of mental health conditions living in the North East of England.

Since their launch at a conference in April 2009 that was attended by over 150 of the region's service users, carers and workers in the mental health field, they have carried out a variety of initiatives, usually led by our members.

In the last few years, they have developed strong relationships with the statutory sector, and in particular with Public Health England and The Northern Clinical Network. They have worked closely with these and other partners on various pieces of work at a regional level including engaging with local service users and carers about plans for smoke free hospitals across the Region's two NHS Mental Health Trusts. From 2017 to 2020, they worked on 'A Weight off Your Mind', a regional plan to support people with mental health conditions and/or a learning disability in secondary services to lose/manage their weight.

Their involvement in 'A Weight off Your Mind' included holding eleven Focus Groups across the region over the period of three years looking at how best to support people with mental health conditions to lose weight. They consulted on what service users and carers thought of the first draft of the regional plan, designed case studies of people who used services and wanted to lose weight, and then looked at what the barriers to this were. Finally, their Secretary presented this work at three conferences to develop, launch and implement the plan.

In 2019/20, they also worked alongside The Northern Clinical Network to hold four focus groups across the region to ask people with lived experience of mental health conditions what good Crisis Care would look like. The original plan once the focus groups were completed was to present their findings at The Region's Crisis Care Concordats to influence better ways of working. However, that phase of the work is currently on hold as a result of the Covid-19 pandemic and lockdown.

NEt is currently taking some time to work out how best to engage with their membership and the wider service user and carer communities across the region whilst lockdown continues and are in the process of applying for grants to support this work.

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

Hosted Project: Survivor Researcher Network

The Survivor Researcher Network (SRN) was originally formed after the 'Strategies for Living' Mental Health Foundation project (1997-2003) and was hosted by the Mental Health Foundation until 2011 when it moved to NSUN.

The network aims to provide mental health service users and survivors who are involved and interested in research with a forum for networking, sharing information and supporting each other. SRN produces a bulletin of research opportunities, events and articles every two months. Information is also now shared via the SRN Twitter account at @SurvivorResNet.

2019/20 SRN activities include:

In June 2019, SRN prepared and presented two posters at the NADSN (National Association of Disabled Staff Networks) & LGBT+NoN (LGBT+ Network of Networks) Joint intersectionality Conference in Manchester. The posters focused on the SRN Manifesto and issues and barriers for survivor researchers in higher education.

Members of the Working Group conducted an evaluation of the 'service user and carer' involvement in a large National Institute of Health Research (NIHR) funded project entitled 'The contribution of the voluntary sector to mental health crisis care in England' in conjunction with With-You Consultancy.

During 2019-20, a number of Working Group members have been working on a chapter exploring aspects of survivor research and barriers to involvement and progression for the forthcoming Routledge Handbook of Service User Involvement in Human Services Research and Education, edited by Peter Beresford and others.

In 2019, two SRN Working Group members gave a presentation on the SRN and their approach to survivor research at a two day international conference in Vienna entitled "In the work of experience - Peer projects introduce themselves" and organised by Verein LOK Leben ohne Krankenhaus (Association LOK Living without Hospital). Another member facilitated a workshop together with a Norwegian service user researcher at a critical perspectives on mental health conference in Cork, Ireland. The workshop explored identity and employment struggles associated with being a service user researcher in academia.

SRN continues to lobby research organisations and funders for opportunities for user-led research groups to apply for funding. SRN is represented at meetings of the Social Workers' Union Austerity Action Group, the Alliance of Mental Health Research Funders and the Mental Health Qualitative Research Network.

Hosted Project: Reigniting the Space

Reigniting the Space is a project funded by the Lankelly Chase Foundation which aimed to map the current work mental health service users and survivors from racialised groups are involved in around the country. A Steering Group led this work and regional researchers were recruited to map two specific regions, the East Midlands and London.

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

Fundraising

A key aim for the financial year ended 31st March 2020 was to secure core funding to enable NSUN to plan and support user led projects and respond to unplanned opportunities and initiatives.

The Trustees are delighted to report that new core grant funding was successfully secured in the year from The Esmee Fairbairn Foundation and the Tudor Trust totalling £258,000 starting from 2019/20 for a 3 year period and we are incredibly grateful for their support. We are also grateful for the ongoing support from Trust for London, The Local Mind Grants Fund, Lankelly Chase and Disability Rights UK (DHSC) for grant income to support various projects during the year.

Aims for 2020/21

In 2020/21, NSUN will review its strategy to adapt to a turbulent period which has had and will continue to have a big impact on people's mental health .

NSUN aims to build capacity in its membership through a micro-grant making programme for User Led Organisations (ULO), as well as series of resources aimed at strengthening the resilience of ULOs and facilitating shared learning. We are hoping to gain a better understanding of the sector through mapping our members' activities. We will continue to promote and amplify members' perspectives, voices and campaigns through our communications and policy work, and ensure that NSUN is a disruptive and constructive voice in policy settings, challenging the focus on individual expertise and bringing to the fore collective knowledge and action.

Financial review

Income for the year ended 31st March 2020 totalled £236,082 (2019: £229,662) and increased by £6,420 from the previous year due to higher levels of one-off Contracts and Consultancy income. Grant income and donations fell in the year with donation income having been unusually high in the year to 31st March 2019 following the receipt of a large restricted donation in that year.

NSUN's principal source of funds during 2019-20 was income from grants from trusts and totals £190,258 (£2019: 196,440) and comprises 81% of income (2019: 86%).

Expenditure totalled £230,109 (2019: £258,635) for the year ended 31st March 2020, a reduction of £28,527 when compared with the previous year. Staff costs were reduced by £14,837 following the redundancy of two posts in the 2018/19 year and costs associated with the Reigniting the Space project which came to an end in 2019/20 were £14,711 lower. Other project costs which comprise mainly consultancy costs were also slightly lower, as were general running costs where a reduction in finance support costs was seen. Fundraising costs totalling £8,434 were incurred during the year to the 31st March 2020 to support the team to apply for new sources of grant income.

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

Prior Year Adjustment

In preparation of these accounts it was noted that there were a number of errors in the results and position reported for the financial year ended 31st March 2019. The Trustees believe these errors to be material and as such have restated the SoFA and Balance Sheet as described in note 8 of these accounts. The adjustment made to the SoFA and Balance Sheet relate to

- 1) The over statement of a dilapidation provision and related debtor surrounding a lease previously held by NSUN. A lower level of liability was agreed in February 2019 and the net impact of the adjustment to reduce the liability by £5,285.
- 2) The recognition of two restricted funds which had previously been omitted relating to the Survivor Researcher Network and Keeping Control project. A total transfer between unrestricted and restricted funds of £13,126.
- 3) The recognition of Gift Aid receivable totalling £2,500.
- 4) The correction to bank balance in relation to unrecorded income.

Despite the need to restate the results at the 31st March 2019, this represented an administrative error and all restricted funds were spent in line with the restrictions placed upon them. At the time of reporting, the Trustees feel that considerable improvements have been made to NSUN's financial systems and reporting, including new systems to ensure the completeness of all income/expenditure and detailed tracking of funds and the Trustees are satisfied that these improvements are sustainable.

Total funds, reserves policy and going concern

Total funds at 31st March 2020 were £33,754 (2019: £27,781) and comprised restricted funds of £23,009 (2019:£25,707) and unrestricted funds of £10,745 (2019:£2,074). Restricted funds comprise core funding from Tudor Trust, funding from Esmee Fairbairn for communications support in 2020/21, funding towards the Keeping Control project and funds held to support work of North East Together . The unrestricted funds balance comprises income from contracts and consultancy as well as donations from individuals.

The Trustees review the charity's reserves policy annually and aim to hold 3 months of core costs in unrestricted reserves to cover the cash flow risk and statutory redundancy payments in the event of an unexpected need to close. We anticipate that core costs for 3 months total £44,000 and the Trustees have revised the reserves target accordingly. At the 31st March 2020 unrestricted reserves were 24% of this target. Trustees aim to set aside further unrestricted funds over the coming year but anticipate that it may take several years before reserves are maintained at this level.

The Covid-19 crisis has not impacted NSUN's ability to deliver activities and NSUN has been able to access short term Covid-19 emergency funding to deliver several projects to support members with the impact of Covid-19 in 2020/21. A Covid-19 Business Continuity Plan is also in place. NSUN has secured grant funding to cover all of its activities over the next 12 months and as such the accounts are prepared on a going concern basis.

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

Risks Management

For NSUN, the main risk associated with Covid-19 is fundraising, in particular securing core funding from 2021 onwards. NSUN is developing a fundraising strategy and in parallel, is working alongside funders to demonstrate the need to fund User Led Organisations. NSUN has created a Covid-19 Business Continuity Plan which is regularly updated and reviewed. Another ongoing risk for NSUN is its long-term future and role within the mental health landscape. This risk will be mitigated by a clear articulation of NSUN's long-term strategy and strong strategic leadership from the Board.

Contribution made by volunteers

We are incredibly grateful to all of the volunteers who support NSUN by helping us prepare the AGM and welcome our members. We are also grateful to a number of volunteers who have provided pro-bono consultancy.

Structure Governance and Management

The National Survivor User Network (NSUN) is a Charitable Company Limited by Guarantee with charity number 1135980 and Company number 1032145. NSUN's governing documents are Articles of Association and the charity operated in England.

Trustees (who are also Company Directors) are elected at the Annual General Meeting or co-opted onto the board when a serving Trustee resigns during the year. Trustees are approved and appointed by the rest of the board at the AGM. They can also be appointed by the Board. The Articles of Association state that the minimum number of Trustees should be 3 and the maximum 12. Trustees must retire at the AGM which falls on or after the third anniversary of their appointment and may be reappointed.

Skills gaps at board level are addressed by regular skills audits.

The board meets at least 4 times a year.

Day to day management of the charity has been delegated to the CEO (previously the managing Director). The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of NSUN, who is responsible for convening board meetings and ensuring correct governance of the charity with other trustees. The chair is also responsible for appraising the performance of the CEO and trustees.

At present, there is 1 other member of staff, the General Manager, and several self- employed consultants ("Associates") who are lined managed and appraised by the CEO.

The board also conducts business through several sub committees and delegated responsibility are agreed to provide additional reviews, scrutiny and controls. Sub committees during the year were Finance and Fundraising, Communications, Campaigns and Human Resources.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The trustees consider that the NSUN board of trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair.

Details of trustee expenses and related party transactions are disclosed in note 16 to the accounts. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

National Survivor User Network

Trustee's annual report (including Directors' report) for the period for the year ended 31 March 2020 (continued)

Trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Approved by the trustees on 7th July and signed on their behalf by:

Angela Newton (Harris)
Interim Chair

**Independent Examiner's Report to the Trustees of National Survivor User Network
(Charity number 1135980 Company number 07166851) for the year ended 31st March
2020**

I report to the charity trustees on my examination of the accounts for the company for the year ended 31st March 2020, which are set out on pages 17-27

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

The company's gross income did not exceed £250,000. I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

**Independent Examiner's Report to the Trustees of National Survivor User Network
(Charity number 1135980 Company number 07166851) for the year ended 31st March
2020 (continued)**

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Yaw Kusi

21-8-2020

Yaw Kusi, FCCA
Martin Morrison & Co, Ltd
Chartered Certified Accountants
66/70 Bourne Road
Bexley
Kent
DA5 1LU

National Survivor User Network
Statement of Financial Activities (including summary income and expenditure account)
For the year ended 31 March 2020

	Notes	Unrestricted Funds	Restricted Funds	Total 31.03.2020	Unrestricted Funds (restated)	Restricted Funds (restated)	Total 31.03.2019 (restated)
		£	£	£	£	£	£
Income							
Income from:							
Grants and Donations	3	84,257	112,648	196,905	23,984	186,890	210,874
Contracts and Consultancy		39,177	-	39,177	18,788	-	18,788
Total Income		123,434	112,648	236,082	42,772	186,890	229,662
Expenditure							
Expenditure on:							
Staff Costs	7	55,020	30,646	85,666	-	100,503	100,503
Charitable Activities							
Reigniting the Space		-	19,089	19,089	-	33,800	33,800
North East Together		-	4,281	4,281	-	6,351	6,351
Survivor Researcher Network		22	8,242	8,264		4,258	4,258
Other Project Costs		16,980	30,205	47,185	23,042	32,381	55,423
Annual Meeting		5,945	7,500	13,445	-	7,989	7,989
Costs of raising funds		8,434	-	8,434			
General Running Costs	4	28,362	15,384	43,746	20,984	29,327	50,311
Total Expenditure	5	114,762	115,346	230,109	44,026	214,609	258,635
Net movement in funds for the year		8,671	(2,698)	5,973	(1,254)	(27,719)	(28,974)
Reconciliation of funds							
Total funds brought forward	15	2,074	25,707	27,781	3,328	53,427	56,755
Total funds carried forward	15	10,745	23,009	33,754	2,074	25,707	27,781

National Survivor User Network
 Balance Sheet
 As at 31 March 2020

	Notes	31.03.2020 £	31.03.2019 (restated) £
Fixed Assets			
Tangible assets	10	<u>351</u>	<u>1,524</u>
Total Fixed Assets		351	1,524
Current Assets			
Debtors	11	22,484	19,500
Cash at bank and in hand	14	<u>28,266</u>	<u>42,336</u>
Total Current Assets		50,750	61,836
Creditors:			
Creditors falling due within one year	12	<u>17,347</u>	<u>35,579</u>
Net Current Assets		<u>33,403</u>	<u>26,257</u>
Total Assets less current liabilities		33,754	27,781
Total Net Assets		<u>33,754</u>	<u>27,781</u>
The Funds of the charity:			
Unrestricted income funds		10,745	2,074
Restricted income funds		23,009	25,707
Total charity funds	15	<u>33,754</u>	<u>27,781</u>

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Approved for issue on behalf of all the Trustees on 7th July 2020

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 Angela Newton (Harris) (Interim Chair)

The notes on pages 19 to 27 form part of these accounts

1 Basis of Preparation

1.a Basis of Accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102

1.b Going Concern

The financial statements are prepared on a going concern basis, as the Trustees consider there are no material uncertainties around the charities ability to continue as a going concern

The Covid-19 crisis has not impacted NSUN's ability to deliver activities and NSUN has been able to access short term Covid-19 emergency funding to deliver several projects to support members with the impact of Covid-19 in 20/21. A Covid-19 Business Continuity Plan is also in place

The charity has to date secured significant grant funding towards its work over the next 12 months. The charity's reserves policy is to hold 3 months of core running costs in unrestricted funds. Whilst the charity held 24% of this value at the year end, it is anticipated that unrestricted reserves will increase during the year. The adequacy of the reserves target is reviewed regularly by the Trustees.

1.c Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2

1.d Changes in Accounting Estimate

During the year the depreciation policy was changed from the reducing balance method to the straight line method. The only remaining asset at the year end was purchased during the year and as such this change of estimate does not effect income and expenditure or the value of the asset for the current period.

2 Accounting Policies

Income

2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP

2.c Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt. (5.10 to 5.12 FRS102 SORP).

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

2.d Government grants

The charity has received government grants in the reporting period and these are disclosed in note 3b

2.e Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2 Accounting Policies (continued)

2.f Contractual income

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

2.g Donated goods and services/facilities

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

2.h Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure

2.i Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

2.j Governance and support costs

The charity has chosen to report income and expenditure using natural classification rather than an activity based presentation and as such governance and support costs are shown separately in note 4.

2.k Redundancy costs

The charity incurred redundancy costs in the period which are disclosed in note 7

Assets and Liabilities

2.l Accrued and Deferred income

Accrued income relates to gift aid receivable only.

There is no material deferred income included within the accounts

2.m Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.n Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts

2.o Bank and Cash

Cash includes cash held in the charity's bank accounts and amounts held by PayPal

2.p Tangible fixed assets for use by charity

Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight line basis.

3. Grants and Donations

	Total 31.03.2020	Total 31.03.2019 (restated)
Donations from Individuals	4,279	14,434
Grant Income (note 3b)	190,258	196,440
Donated gift and services (note 3c)	2,368	-
	<u>£ 196,905</u>	<u>£ 210,874</u>

3b. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Total 31.03.2020	Total 31.03.2019
Association of Mental Health Providers Forum (Health Education England)	8,333	5,000
DHSC Disability Rights UK/ Health and Wellbeing Alliance	13,125	13,125
Esmee Fairbairn	72,300	-
Lankelly Chase- Core Grant	-	30,000
Lankelly Chase- Real Insight Hosting	12,000	17,050
Lankelly Chase- Reigniting the Space	15,000	41,265
Local Mind Grants Fund	31,000	30,000
The Tudor Trust	20,000	30,000
Trust for London	18,500	20,000
University of Middlesex	-	10,000
	<u>£ 190,258</u>	<u>£ 196,440</u>

Government Grants were received from the Department of Health and Social Care (DHSC) and Health Education England totalling £21,458 (2019:£18,125) as shown above. There were no unfulfilled conditions or contingences at the end of March 2020. Further contracts were awarded from Health Education England which are recorded within Contracts and Consultancy on the SoFA and there were no unfulfilled conditions at the year end

3c. Donated goods, Facilities and Services

	Total 31.03.2020	Total 31.03.2019
Use of meeting rooms and office space	2,200	-
Membership Subscriptions	168	-
	<u>£ 2,368</u>	<u>£ -</u>

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that amount can be measured reliably.

The time given by volunteers is not recognised in the accounts however we are extremely grateful for to all NSUN volunteers

4. General Running Costs

	Total 31.03.2020	Total 31.03.2019 (restated)
Governance	4,270	3,634
Storage	2,218	2,178
Use of rooms - in kind donations	1,400	-
Payroll, Accountancy, HR and Bookkeeping	8,362	17,609
Website costs	6,336	6,500
Stationary, Postage, Telephones and IT costs	10,165	11,414
Insurance and HR support	1,248	1,721
Advertsting, Recruitment and Subscriptions	3,656	224
Staff Travel	6,040	9,622
Staff Training costs	420	2,160
Depreciation and profit on disposal	(859)	508
Release of Lease Accrual	-	(5,285)
Other	489	26
	<u>43,746</u>	<u>50,311</u>

5. Net expenditure for the year

This is stated after the following

	Total 31.03.2020	Total 31.03.2019
Depreciation of tangible fixed assets	117	508
Profit of disposal of equipment	(976)	-
Accountants Remuneration:		
Independent Examination Fees	1,000	1,000
other services	-	440
	<u> </u>	<u> </u>

6. Analysis of staff costs and the cost of key management personnel

	Total 31.03.2020	Total 31.03.2019 (restated)
The staff costs were		
Wages and Salaries	76,854	83,871
Social Security Costs	7,612	7,796
Pension Costs	1,765	1,908
	<u>86,230</u>	<u>93,575</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

Included above is £3,000 in respect of redundancy payments made to the Communications Co-Ordinator who's role ended in March 2019

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expenses for the year ended 31 March 2020 and total £1,765 (2019:£1,439). Overpayments had been made in the year and an amount of £536 was due to NSUN at the 31st March 2020 (2019: amount owing of £433)

The key management personnel of the charity comprise the Trustees and the Managing Director who was succeeded by the CEO in the year. No trustee receives any payment for their services to the charity. The total amount paid, including Employers National Insurance and Pension, to the Managing Director in the financial year ended 31 March 2020 was £52.181 (2019: £58.461) and to the CEO was £12.969 (2019: £nil)

7. Average headcount

	2020		2019	
	Full Time	Part Time	Full Time	Part Time
Management	1	-	1	-
Charitable activities	-	-	-	1
Administration	-	1	-	1
	<u>1</u>	<u>1</u>	<u>1</u>	<u>3</u>

8. Prior Year Adjustment

A number of adjustment have been made to restate the 2018/19 figures to correct errors

	Unrestricted	Restricted	Total
Opening reserves at 1st April 2020 (as previously stated)	3,389	10,091	13,480
Release of lease deposit and reduction of dilapidation provision	5,285		5,285
Recognition of restricted funds not previously recognised	(13,126)	13,126	-
Recognition of Gift Aid accrued income		2,500	2,500
Correction to opening bank balance in relation to unrecorded income	6,516		6,516
Opening reserves at 1st April 2020 (restated)	2,064	25,717	27,781

In addition, the following restatements were made which did not effect the opening reserves

- 1) Correction for expenditure totalling £5,720 which had been offset against income in error. The correction increased both income and expenditure by the same amount.
- 2) Correction of 2018/19 wages and salary costs shown in note 7 to include employed staff only. This reduced the Wages and Salary costs disclosed in the note from £107,539 to £83,871

9. Taxation

National Survivor User Network is a registered charity and as such its income and gains falling within Section 471 to 489 of the Corporation Tax Act 2010 or Section 256 of Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable objectives.

10. Tangible Fixed Assets

	IT and Office Equipment	Total
Cost		
As at 1 April 2019	15,798	15,798
Additions	468	468
Disposals	(15,798)	(15,798)
As at 31 March 2020	468	468
Depreciation		
As at 1 April 2019	14,274	14,274
Charge for the year	(14,274)	(14,274)
Disposals	117	117
As at 31 March 2020	117	117
Net Book Value		
As at 31 March 2019	1,524	1,524
As at 31 March 2020	351	351

11. Debtors

	Total 31.03.2020	Total 31.03.2019 (restated)
Trade debtors	12,218	17,000
Other Debtors	7,082	-
Gift Aid Accrued Income	3,184	2,500
	<u>22,484</u>	<u>19,500</u>

12. Creditors: Amounts falling due within one year

	Total 31.03.2020	Total 31.03.2019 (restated)
Trade creditors	8,172	5,899
Lease Accrual	1,640	1,640
Accruals	3,074	2,473
Taxation and Social Security	-	9,228
Real Insight Funds	4,461	16,339
	<u>17,347</u>	<u>35,579</u>

13. Funds held on behalf of Real Insight

During the financial year NSUN held grant funds received from Lankelly Chase on behalf of Real Insight, a Community Interest Company. NSUN received a hosting fee for administration costs totalling £12,000 (2019:£17,050) which is shown in the SoFA. Other Income and Expenditure is not included within these accounts but the final balance is shown on the balance sheet and included in note 12. This arrangement came to an end in Spring 2020. Neither Lankelly Chase nor Real Insight are related parties.

14. Cash at bank and in hand

	Total 31.03.2020	Total 31.03.2019
Cash at bank	23,752	42,336
North East Together Account	4,442	-
PayPal	72	-
	<u>28,266</u>	<u>42,336</u>

15. Analysis of charitable funds

15a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward (restated) 01/04/2019	Income	Expenditure	Fund balance at 31/03/2020
Unrestricted Funds	2,074	123,434	(114,762)	10,745
Restricted funds				
Esmee Fairbairn - Communicatians Project		6,300	-	6,300
DHSC- Diability Rights UK		13,125	(13,125)	-
Lankelly Chase- Reignighting the Space	7,465	15,000	(22,465)	-
North East Together		8,723	(4,281)	4,442
Survivor Researcher Network	8,242		(8,242)	-
Keeping Control- University of Middlesex	10,000		(5,583)	4,417
Local Mind Grants Fund		31,000	(31,000)	-
The Tudor Trust		20,000	(12,150)	7,850
Trust for London		15,000	(15,000)	-
Trust for London- SAMH		3,500	(3,500)	-
Total Restricted Funds	25,707	112,648	(115,346)	23,009
Total Funds	27,781	236,082	(230,108)	33,754

Restricted Fund

Esmee Fairbairn - Communications Project
DHSC- Disability Rights UK

Lankelly Chase- Reigniting the Space

North East Together

Survivor Researcher Network

Keeping Control- University of Middlesex

Local Mind Grants Fund

The Tudor Trust

Trust for London

Trust for London- SAMH

Purpose of fund

funding for communication support

funding for promoting user-led work within the Health & Well-being Alliance (HAWA) and delivering core work agreed with HAWA

Project for BME survivor/user voice

Funds held to support work in the North East

A restricted donation to fund the work of NSUN's Survivor Researcher Network

funding for reseach and resouces about adult safeguarding/hate crime

funding towards capacity building and peer support work

Core funding

Core funding including communications

Final stage of Kindred Minds Manifesto project delivered with Southwark Association for Mental Health

15b. Details of charitable funds held and movements during the previous reporting period

	Fund balance brought forward 01/04/2018	Income	Expenditure	Fund balance at 31/03/2019 (restated)
Unrestricted Funds	3,328	42,772	(44,026)	2,074
Restricted funds				
DHSC Health and Wellbeing Alliance		13,125	(13,125)	-
Esmee Fairbairn	30,092		(30,092)	-
Lankelly Chase- Core Grant		30,000	(30,000)	-
Lankelly Chase- Reigniting the Space		41,265	(33,800)	7,465
Survivor Researcher Network		12,500	(4,258)	8,242
Keeping Control- University of Middlesex		10,000		10,000
Local Mind Grants Fund		30,000	(30,000)	-
The Tudor Trust		30,000	(30,000)	-
Trust for London	23,333	20,000	(43,333)	-
Total Restricted Funds	53,425	186,890	(214,608)	25,707
Total Funds	56,753	229,662	(258,634)	27,781

16. Transactions with trustees and related parties

None of the trustees have been paid any remunerations or received any other benefits in relation to their role with the charity.

During the year six (2019: two) Trustees were reimbursed travel expenses totalling £1,999 (2019: £970). In addition, accommodation costs totalling £606 (2019:£245) were paid in regard of Trustee attendance at the AGM were paid for ten Trustees (2019: four)