

COMPANY REGISTRATION NUMBER 07166851

NATIONAL SURVIVOR USER NETWORK



CHARITY NUMBER 1135980

REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31ST MARCH 2019

NATIONAL SURVIVOR USER NETWORK

Annual Report and Financial Statements for the year ended 31 March 2019

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NATIONAL SURVIVOR USER NETWORK

Trustees Report for the year ended 31st March 2019

The Trustees of National Survivor User Network, present their Report with Financial Statements for the year ended 31st March 2019.

The Trustees have adopted the provisions of the 'Statement of Recommended Practice (SORP) Accounting and Reporting by Charities' issued in March 2005.

(1) REFERENCE AND ADMINISTRATIVE DETAILS

National Survivor User Network is a not for profit community organisation.

Charity Status:

Registered with the Charity Commission
Charity number 1135980 (18th May 2011)
Company number 07166851 (23rd February 2011)

Registered Address:

C/o People First (Self Advocacy)
336 Brixton Road
London
SW9 7AA

Trustees who served the charity during the period were as follows:

Mark Wood	Chair	
Helen Oldfield	Treasurer	(Co-opted October 2018)
Alisdair Cameron		
Julia Smith		
Joe Kelly		
Eleni Chambers		
Sarah Carr		(resigned January 2019)
Dominic Makuvachuma		(resigned October 2018)
Stephanie McKinley		(resigned April 2018)
Daisy Abraham		(resigned September 2018)
Henderson Goring		(resigned October 2018)
Helen Blythe		(Co-opted October 2018)
Nic Murray		(Co-opted October 2018)
Rachel Rowan Olive		(Co-opted October 2018)
Dawn Wills		(Co-opted October 2018)

Senior Staff:

Sarah Yiannoullou, Managing Director

Bankers:

Santander
Customer Service Centre
Bootle
Merseyside
L30 4GB

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Trustees Report for the period ended 31st March 2019

(2) STRUCTURE, GOVERNANCE AND MANAGEMENT

National Survivor User Network is a not for profit community organisation established in September 2006 after receiving five year funding from Comic Relief and Tudor Trust. The project was initially hosted by Together (Charity number 211091) until March 2010 when it became an independent registered company and charity. It operates under the Companies Act 2006 and Charities Act 2011. It currently operates throughout England.

The Trustees as a group are responsible for the overall governance of the Charity and the constitution requires there be a minimum of 4 Trustees. They aim to meet at least four times per year and are responsible for all major financial decisions, and the establishment of major policies.

The Trustees, who are not remunerated, are elected at the Annual General Meeting or co-opted onto the Board when a serving trustee resigns from the Board of Trustees.

Day-to-day management of the Charity has been delegated to the Managing Director. The Managing Director is supported by staff, consultants and volunteers who are in turn responsible for service delivery within specific areas. A scheme of delegation is updated on an annual basis.

Grant applications prior to consideration by the Trustees are handled by the staff team.

The Board of Trustees

New Trustees

NSUN has a Trustee Recruitment Policy and Plan to attract trustees who have an interest in driving the Charity forward so we can continue to meet the needs of our beneficiaries.

Board Sub-committees

Delegated responsibilities are agreed to provide additional reviews, scrutiny, and controls. Each sub-committee reviews the relevant risks as identified in the organisational Risk Register.

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Trustees Report for the year ended 31st March 2019

Statement of Trustee's Responsibilities

The Trustees are responsible for their annual report, and for the preparation of financial statements for each financial year which give a true and fair view of the incoming resources and application of those resources of the Charity during the year, and of the statement of affairs as at the end of the financial year. In preparing these financial statements, the Trustees are required to:

- * ensure that suitable accounting policies are established and applied consistently;
- * make judgements and estimates which are reasonable and prudent;
- * state whether the applicable accounting standards and statements of recommended accounting practice have been followed, subject to any material departure disclosed and explained in the financial statements; and
- * prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees have overall responsibility for ensuring that the Charity has appropriate systems and controls, financial and otherwise. They are also responsible for keeping proper accounting records, which disclose reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with Charities Act 2011 & Companies Acts 2011. They are responsible for safeguarding the assets of the Charity and for detection of fraud and other irregularities and to provide reasonable assurances that;

- * the Charity is operating efficiently and effectively;
- * all assets are safeguarded against unauthorised use or disposition and are properly applied;
- * proper records are maintained and financial information used within the Charity, or for publication, is reliable;
- * the Charity complies with relevant laws and regulations.

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Trustees Report for the year ended 31st March 2019

(3) OBJECTS, OBJECTIVES AND PRINCIPAL ACTIVITIES OF THE CHARITY

The objective of the Charity is to provide for the public benefit, to promote good health and to advance education in particular but not exclusively:

1. Creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen the user voices
2. Facilitating active links between service user groups and individuals
3. Building capacity for service user groups
4. Brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners and planners; and developing a training programme in confidence building, committee, interview and staff training skills

(4) PUBLIC BENEFIT

The Trustees confirm that they have taken account of the Charity Commission's general guidance on public benefit.

The services of the organisation are offered to all sections of the public. The opportunity to benefit from the services is not unreasonably restricted by geographical area or other restrictions. People in poverty are not excluded from the opportunity to benefit. No individual or organisation receives private benefits from the organisation.

(5) WHAT DIFFERENCE HAS NSUN MADE

NSUN has had a number of notable successes, and has added value to members, commissioners of mental health services and policy makers. NSUN is unique in that it :

- « Is led by people with experience of distress and using services
- « does not campaign for a particular view (except the importance of the experiences and voices of people who experience distress, discrimination and disadvantage)
- « Is wholly inclusive, irrespective of individuals' or groups' demographic and type of mental health condition

Strengthening the voice of service users and survivors

- « members believe that NSUN has ensured the needs of people who experience distress, discrimination and disadvantage are better understood
- « commissioners and policy makers believe that the voice of the service user is "undoubtedly stronger as a result of NSUN"
- « NSUN has created a framework for service user involvement, making it easier for commissioners and policy makers to involve service users and, crucially, creating a structure and continuity to it rather than it being ad hoc

NATIONAL SURVIVOR USER NETWORK

Trustees Report for the year ended 31st March 2019

We are here to make sure the voice of experience is heard!

The National Survivor User Network (NSUN) is a network of people who have and do experience mental distress who want to change things for the better. NSUN connects people and influences policy, practice and perceptions by amplifying the experiences and aspirations of our members.

The network was set up to build a more united and confident mental health service user movement. It recognises the isolation, discrimination and disadvantages experienced by mental health service users and their needs beyond clinical treatment.

With a total membership of 4422 comprising, 3790 individual members and 632 group members, we are a growing user-led membership network across England. NSUN has become a credible and influential network that is valued for its independence and unbiased, unfiltered messaging.

Over the last eight years we have built an infrastructure that offers support, shares information and good practice, facilitates local, regional and national networking and regularly communicates current developments and news,

(7) FINANCIAL REVIEW AND RESULTS FOR THE YEAR

The statement of Financial Activities (SoFA), set out on page 9 is designated to reflect all incoming resources receivable in the year, irrespective of when income is spent. The Charity has a deficit in the year.

Reserve Policy

Free reserves available for use by the Charity are deemed to be those that are readily realisable, less funds whose uses are restricted or designated for particular purposes.

The Board believes that the average level of financial reserves should be equivalent of three months' operating costs reviewed annually currently estimated at £27,500.

NATIONAL SURVIVOR USER NETWORK

Trustees Report for the year ended 31 March 2019

The National Survivor User Network (NSUN) is an independent user-led network, bringing individuals and groups together to communicate, support each other, share experiences and have a voice. Crucially NSUN is a membership network led by people with the lived experience of mental health issues or long-term mental distress. It is an empowering community that is led by and for the members.

Key successes 2018 - 2019 include:

- Providing a publishing platform for [member blogs and articles](#).
- [Weekly ebulletins](#) sent to members providing information on NSUN work, membership news and events, opportunities and consultations, and policy updates.
- Continuing to add photo records of activity to the [NSUN Flickr library](#) and publishing Member Soap Boxes and three NSUN films on the [NSUN YouTube Channel](#)
- Launching the new [NSUN website](#), CMS and membership database 2018.
- Hosting and co-ordination of the [Survivor Research Network \(SRN\)](#) with over 300 members and a core working group; launching the SRN Manifesto '[Mental health knowledge built by service users and survivors](#)' for lobbying purposes; named as partners in seven national research and policy projects with academic partners (Middlesex University, University of Warwick, University of Birmingham, Birmingham City University, University of Essex, St George's University of London, University College London)
- Launching the user-produced Kindred Minds BME Manifesto 'A Call for Social Justice'
- Chairing the Principled Ways of Working conference and leading the production of the [Principles of Peer Support Charter](#), bringing together 12 voluntary sector and Sussex NHS Partnership NHS Foundation Trust organisations across Sussex to promote, protect and map peer led peer support.
- Supporting four individual member campaigns (Raising issues for young people who experience trauma following street violence, home abuse, religious and racial attacks; continued use of mixed sex inpatient wards; inappropriate use of physical restraint; lobbying for local user-led community alternatives) and further influencing, personal progression and video production.
- Increasing sign-up and use of the [4Pi National Involvement Standards](#) by voluntary and statutory sector organisations, locally, nationally and internationally.
- The annual member event in Derby 2018 [exploring the future of peer support](#).
- Successfully lobbying for increased involvement of people with lived experience in the Independent Review of the Mental Health Act and membership of the Advisory Panel and Topic Group, which led to changes to the consultation phases.
- Facilitating three service user focus groups for the Independent Mental Health Act Review.
- Facilitating focus groups and input in to the Women's Mental health Taskforce and report ensuring the voice of experience was adequately included.
- Being a member of two partnerships (the user-led Win-Win Alliance and the Mental Health Consortia) in the Department of Health and Social Care Health and Wellbeing Alliance (HWA).
- Facilitating a 'Deep Democracy' event for the HWA Alliance Disability and Employment projects
- Working with and supporting over 2,000 individuals through training, events, peer support, providing information, strategic advocacy and signposting.

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Trustees Report for the year ended 31 March 2019

- Reviewing the Members' Manifesto 'Our Voice, Our Vision, Our Values'
- Membership of the Five Year Forward View for Mental Health Oversight and Advisory Board – feeding in to the development of the Commissioning Assessment Framework (CAF) and lobbying for improved involvement and co-production in the work.
- Co-chairing the Metropolitan Police Service Mental Health Consultative Group and recruitment of service user representatives members to a group that previously had no 'lived experience' involvement.
- Working in partnership with three national alliances on joint campaigns (NICE guidance on Recognition and Management of Depression in Adults is not fit for purpose, Social Workers and Service Users Against Austerity, Mental Health Act review user group coalition).
- Facilitating peer support groups (Involvement Workers Peer Support Group, Redcar rural peer support group, Peer2Peer network).
- Member of Mind's PeerFest planning group informing and shaping the tender rounds and events



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Trustees Report for the year ended 31st March 2019

(8) PLANS FOR THE FUTURE

We continued to create and facilitate involvement and participation opportunities and support people to lead more fulfilling lives through connecting with others, developing their own projects and campaigns, progressing through opportunities to be more involved in their care, in their own community and where appropriate relevant wider policy initiatives to influence change.

We will endeavour to secure core funding that enables us to plan and support user-led projects and respond to unplanned opportunities and initiatives.

NSUN's work will continue to operate at an individual, collective, cultural, political, institutional and policy level in order to safeguard our:

- * Past: our stories
- * Present: our lives
- * Future: our influence, actions and structure
- * Continue to attract donor funding

This report was approved by the Board on 24 / July 2019 and signed on behalf of the Board of Trustees

Chairperson, signing as so authorised
Mark Wood
24/07/2019



NATIONAL SURVIVOR USER NETWORK

Independent examiner's report on the accounts

Report to the trustees of: National Survivor User Network

On the accounts for the year ended: 31st March 2019

Charity number: 1135980, **Company number** 07166851.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ACCA (the Association of Chartered Certified Accountants).

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

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Independent examiner's report on the accounts

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 25/07/2019



Yaw Kusi BSc. (Hons), FCCA

Martin Morrison & Co
Chartered Certified Accountants
Unit 43 The Coach House
66/70 Bourne Road
Bexley
Kent
DA5 1LU

NATIONAL SURVIVOR USER NETWORK

Statement of Financial Activities
Including Income and Expenditure Account)
FOR THE YEAR ENDED 31ST MARCH 2019

	Note	Unrestricted Funds 2019 £	Restricted Funds 2019 £	Total Funds 2019 £	Total Funds 2018
INCOME					
Incoming resources from generated funds:					
Investment & Other Income	2	50,536	0	50,536	92,143
Incoming resources from charitable activities:					
Grants					
Awards for All		0	0	0	9,923
Esmee Fairbairn		0	0	0	60,000
Trust for London		0	20,000	20,000	40,000
Tudor Trust		0	30,000	30,000	0
LankellyChase Foundation- Core		0	30,000	30,000	0
LankellyChase Foundation- Reigniting the space		0	41,265	41,265	0
DHSC Health & Wellbeing Alliance		0	13,125	13,125	0
MIND		0	30,000	30,000	0
LankellyChase Foundation		0	0	0	71,235
Total Income		50,536	164,390	214,926	273,301
EXPENDITURE					
Charitable Activities:	4	50,475	207,725	258,200	263,805
On activities of the charity					
Total resources expended		50,475	207,725	258,200	263,805
Net movement in funds		61	-43,335	-43,274	9,496
Reconciliation of funds					
Total Funds brought forward		3,328	53,426	56,754	47,258
Total Funds carried forward		3,389	10,091	13,480	56,754

The notes on pages 11 to 18 form part of these financial statements

NATIONAL SURVIVOR USER NETWORK

BALANCE SHEET AS AT
31st MARCH 2019

	Note	£	2019 £	2018
Fixed Assets				
Tangible	7		1,524	2,033
Current Assets				
Debtors	8	20,075		7,831
Cash at bank and in hand		35,821		86,965
		<u>55,896</u>		<u>94,795</u>
Current Liabilities				
Creditors	9			
Amounts falling due within one year		<u>43,940</u>		<u>40,073</u>
Net current assets			<u>11,956</u>	<u>54,722</u>
Total assets less current liabilities			13,480	56,754
Net assets	10		<u><u>13,480</u></u>	<u><u>56,754</u></u>
The funds of the charity				
Restricted funds	11	10,091		53,426
Unrestricted funds		3,389		3,328
		<u>13,480</u>		<u>56,754</u>
Total charity funds			<u><u>13,480</u></u>	<u><u>56,754</u></u>

These financial statements were approved by the Board of trustees on

Mark Wood
Chair
24/07/2019

Helen Oldfield
Treasurer
24/7/2019

Helen Oldfield

The notes on pages 11 to 18 form part of these financial statements

NATIONAL SURVIVOR USER NETWORK

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31st MARCH 2019

1. ACCOUNTING POLICIES

Accounting convention

The accounts have been prepared in accordance with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The Charity is a Public Benefit Entity as defined by FRS 102.

Incoming resources:

Grant income is included when the related conditions for the grant have been met.
All other income is accounted for on an accrual basis.

Resources expended:

All resources expended are accounted for on an accruals basis. Direct charitable expenditure includes the direct costs of activities and depreciation on related assets.

Tangible fixed assets:

All long-lasting assets for the charity's own use are capitalised.

Depreciation:

Depreciation is provided to write off the cost, less estimated residual values, of all fixed assets on a reducing balance method basis over their expected useful lives at the following annual rates:

Computer equipment	25% reducing balance method
Fixtures, fitting & furniture	25% reducing balance method

Going concerns:

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Assumption is that the Charity will continue to receive adequate funding in future years. The Charity's deficit for the financial year 2019 was -£43,274 (2018 surplus £9,496) resulting in carried forward reserves of £13,480

NATIONAL SURVIVOR USER NETWORK

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2019**2. INVESTMENT AND OTHER INCOME**

	2019 £	2018 £
Interest received	0	0
Other income	50,536	92,143
	<u>50,536</u>	<u>92,143</u>

Total Income for 2018 of £273,301 is made up of £92,143 Unrestricted, £181,158 Restricted.

3. NET OUTGOING EXPENDITURE FOR THE YEAR

This is stated after charging:

	2019 £	2018 £
Depreciation	508	678
Accountants' remuneration		
- independent examination	1,000	1,000
- other services	440	440
	<u></u>	<u></u>

4. ANALYSIS OF TOTAL RESOURCES EXPENDED

	Total 2019 £	Staff Costs £	Other Costs £	Depreciation £	Total 2018
Charitable Expenditure:					
Projects	246,577	116,774	129,295	508	253,419
Governance	11,623	0	11,623	0	10,386
Total resources expended	<u>258,200</u>	<u>116,774</u>	<u>140,918</u>	<u>508</u>	<u>263,805</u>

Total Expenditure for 2018 of £263,805 is made up of £111,674 Unrestricted, £152,131 Restricted.

NATIONAL SURVIVOR USER NETWORK

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2019

5. ANALYSIS OF TOTAL EXPENDITURE - continued

	2019 Total £	2019 Restricted £	2019 Non- Restricted £	2018 Total
b) Other costs				
Consultancy	53,961	33,486	20,475	37,996
Regional Development Costs	6,351	6,351	0	0
Staff Expenses	11,782	11,782	0	8,411
Business Development	0	0	0	0
IT Costs	9,374	9,374	0	18,570
Office Expenses	7,527	7,527	0	28,187
Web Development	6,500	6,500	0	6,500
Direct Project Expenses	33,800	33,800	0	3,459
	<u>129,295</u>	<u>108,820</u>	<u>20,475</u>	<u>103,123</u>
b) Governance costs				
Independent examination	1,440	1,440	0	1,440
AGM & Members Event	7,989	7,989	0	8,127
Legal Fees	0	0	0	468
Trustees Expenses	2,194	2,194	0	351
Bank Charges	0	0	0	0
	<u>11,623</u>	<u>11,623</u>	<u>0</u>	<u>10,386</u>
b) Depreciation	<u>508</u>	<u>508</u>	<u>0</u>	<u>678</u>

5. TRUSTEE'S REMUNERATION

None of the members of the Board of Trustees received any remuneration during this year. During the year Trustees received reimbursements of personal travel and subsistence expenditure amounting to £2,194 (2018- £351).

NATIONAL SURVIVOR USER NETWORK

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2019**6. EMPLOYEES**

	2019	2018
	£	£
Staff costs consist of:		
Wages and salaries	107,539	137,435
Workplace Pension Costs	1,439	1,128
Social security costs	7,796	11,055
	<u>116,774</u>	<u>149,618</u>

The average monthly number of employees on full time equivalent basis during the year was made up as follows:

	2019	2018
Management	1	1
Project/Activities	2	3
Administrative	1	1
	<u>4</u>	<u>5</u>

No employee received remuneration of more than £60,000 during the year (2018-Nil)

7. TANGIBLE ASSETS

	Office Equip	TOTAL
	£	£
Cost or valuation		
At 1st April 2018	15,798	15,798
Additions	0	0
At 31st March 2019	<u>15,798</u>	<u>15,798</u>
Depreciation		
At 1st April 2018	13,766	13,766
Charge for the Year	508	508
At 31st March 2019	<u>14,274</u>	<u>14,274</u>
Net Book Value		
At 31st March 2019	<u>1,524</u>	<u>1,524</u>
At 31st March 2018	<u>2,033</u>	<u>2,033</u>

NATIONAL SURVIVOR USER NETWORK

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2019**8. Debtors**

	2019	2018
	£	£
Prepayments & Rent Deposit	3,075	3,075
Other Debtors	17,000	4,756
	<u>20,075</u>	<u>7,831</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019	2018
	£	£
Lease Accruals	10,000	10,000
Trade Creditors	5,900	4,460
Client Account Monies - Real Insight	16,339	11,556
Taxation and Social Security	9,661	12,017
Accruals	2,040	2,040
	<u>43,940</u>	<u>40,073</u>

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2019	Total Funds 2018
	£	£	£	£
Fund balances at 31st March 2019 are represented by:				
Tangible fixed assets	1,524	0	1,524	2,033
Current assets	1,865	54,031	55,896	94,794
Liabilities	0	43,940	43,940	40,073
	<u>3,389</u>	<u>10,091</u>	<u>13,480</u>	<u>56,754</u>

11. RESTRICTED FUNDS

	Balance 01/04/2018	Incoming	Expenditure	Balance 31/03/2019
	£	£	£	£
Movement during the year	53,426	164,390	207,725	10,091
Totals	<u>53,426</u>	<u>164,390</u>	<u>207,725</u>	<u>10,091</u>

NATIONAL SURVIVOR USER NETWORK**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2019****12. RESTRICTED FUNDS FOR CORE ACTIVITIES**

Restricted funding is funding restricted to support specific work or projects. Of this restricted funding £60,000 (2018-£60,000) comprised of charitable trust funding from Esmee Fairbairn, which supports the core development of NSUN.

13. RELATED PARTY TRANSACTIONS

There are no disclosable related party transactions during the year (2018 -none)

