4Pi is a framework for the involvement of service users and carers - in our own care, in our communities, in service delivery and evaluation and in organisational governance and strategy.

- 4Pi is a simple framework on which to base standards for good practice, and to monitor and evaluate involvement.
- The framework builds on the work of many people: mental health service users and carers and others who have lived and breathed involvement and shared their experiences in various ways, both written and unwritten.
- Meaningful involvement means making a difference: it should improve services and improve the mental health, wellbeing and recovery of everyone experiencing mental distress.

**Principles**

How do we relate to each other?

Principles and values are the rules or beliefs that influence the way we behave, the choices we make and the way we relate to other people.

**Purpose**

Why are we involving people?

Why are we becoming involved?

**Presence**

Who is involved?

Are the right people involved in the right places?

**Process**

How are people involved?

How do people feel about the involvement process?

**Impact**

What difference does involvement make?

How can we tell that we have made a difference?

For more information and for the 4Pi documents: www.nsun.org.uk
You can read about 4Pi in practice in real life examples available online: www.nsun.org.uk/about-us/our-work/national-involvement-partnership/4pi-signatories/