4Pi in Action 1: Mental Health in Bristol

This is one of a series of examples of ‘4Pi in Action’. In each one we aim to show how we have worked with different individuals, groups and organisations to implement the 4Pi standards in order to promote and enable the meaningful involvement of service users and carers.

BRISTOL MENTAL HEALTH: A new mental health service for Bristol

In 2014, Bristol’s mental health services were entirely re-commissioned. Bristol Mental Health is a group of 18+ public and voluntary sector organisations who provide mental health services for the people of Bristol. [www.bristolmentalhealth.org](http://www.bristolmentalhealth.org)

Bristol Mental Health has a service user and carer board to ensure that service users and carers are involved in all aspects of the services at all levels and at all times. The board meets monthly and represents all services and service users. The aim is to act on feedback and use their personal experience to influence decisions and service design and get problems solved quickly. The terms of reference for the Board states that it 'seeks to reflect national good practice' through reference to the 4Pi involvement standards. The terms of reference outline the Purpose of the board, the membership (Presence) and tasks of both the board and of individuals within it (Purpose/Process). The plan is to evaluate the progress and effectiveness of the board on a regular basis (informing Impact). Bristol Mental Health identify the following principles as underlying their work:

- Recovery and Wellbeing
- Co-production
- Psychologically informed
- Equality and Diversity

BRISTOL CLINICAL COMMISSIONING GROUP (CCG)

Bristol Mental Health is funded by Bristol CCG. The CCG and Bristol Mental Health work with the newly formed user-led network in Bristol: Bristol Independent Mental Health Network (BIMHN).

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