



**national survivor  
user network**



09 May 2011

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## NSUN news

### Manage your NSUN membership

If you haven't signed into the members area yet your log in credentials will have been set as a default to:

Your member name is: [mulimba.namwenda@nsun.org.uk](mailto:mulimba.namwenda@nsun.org.uk)

Your password is: **mypassword**

Please sign in and check that we have all your member details up to date and correct. When you are there you can, of course, change your password to the one you want to use and set a user name for the forum. It will only take a few minutes by [clicking here](#).



### National Involvement Partnership

Involvement has been established on the [Joint Commissioning Panel](#) - mental health and the Ministerial Advisory Panel. for more information about current work visit the website or email [Fran Singer](mailto:Fran.Singer).

### London Mapping

We are mapping what type of training is available for and being delivered by, people who have direct experience of mental distress & mental health service use.

We have created a short questionnaire which we would like to send you. If you are interested, simply click the link below, fill out the short form and we will email the questionnaire straight back.

[I'd like to participate in the London Services mapping project.](#)

### Cuts to services & benefits

We want to know how cuts to benefits and services are affecting you or groups you are belong to. Please [email](#) to share information.

## Self Injury Support Cumbria

S.I.S Cumbria's mission is to provide support to people in North Cumbria who self-harm and those who support or care for them, and to educate the public and associated professionals about self-harm.

Address: 2 Lowthians Lane, English Street, Carlisle, Cumbria, CA3 8JR

Telephone: 01228 515500 / 525705

[Email](#) or visit the [website](#) for more information.



## Disability Benefits Consortium

The Disability Benefits Consortium shows how welfare reform changes may hit disabled people the hardest including people with mental health needs, especially vital benefits like Employment and Support Allowance (ESA; 2) and Disability Living Allowance (DLA; 3) on thousands of disabled people and their families.

Read more [here](#).



## Educated Peer Support

Peer support - cheaper and just as effective as CBT!

Train to be more compassionate and psychologically helpful to each other. You



could do as good a job as CBT therapists for depression and anxiety, argues psychotherapist Nicky Forsythe.

Read more [here](#).

## NCIA Assembly: Putting the politics back into voluntary action

Linking with anti-cuts campaigns, fighting commissioning, finding support and solidarity... join the next assembly meeting.

Date: **Thursday 12 May 2011**

Time: **1.30pm – 5pm** (gather for tea and coffee at 1.30pm, meeting starts at 2pm)

Venue: St Thomas Centre, Ardwick Green North, Manchester M12 6FZ

[Map & Written Directions](#)

Visit the [website](#)



## RBUF's 5th Annual Involvement Day

[Rochdale Boroughwide User Forum](#)

Date: **Tuesday 17th May 2011**

Time: **10am-4.00pm**

Venue: Rochdale Town Hall

Mental Health Question Time with Interactive Consultation on:  
Local Authority Cuts, Dignity & Respect, Advocacy & Peer Support, Personalisation, Medication vs. Alternative Treatments, Recovery, Access to Social Care & Support and Changes to NHS Commissioning.  
Chill Out Space with Reiki, Massage & Landing Crafts, Workshops & Information stands

Please RSVP by Telephone: **01706 521279** or [email](#).  
(Refreshments will be provided)



## CoolTan Arts Largactyl Shuffle: May Day Walk

Date: **Saturday 21 May 2011**

Time: **12noon - 4pm**

Event Location(s): Tate Modern to Camberwell Green

Another exciting guided Largactyl Shuffle walk with CoolTan Arts. Celebrate and discover the origins of May Day in a fun way. Explore the origins of May Day, the Maypole, and the history of Mayday in Southwark, and also look into the political importance of Mayday with an anarchist/communist insight.

Telephone **020 7701 2696** or [email](#). For further information visit the [website](#).



## Asylum Conference

Date: **14th, 15th September 2011**

Venue: Gaskell Campus, Manchester Metropolitan University

**FREE**

Asylum Collective and friends and supporters in the Critical Psychiatry Network, Hearing Voices Network and Psychology Politics Resistance will be meeting to discuss alternatives to pathological labels of 'mental illness'. The event coincides with celebration of World Hearing Voices Day.

Be part of a critical discussion about what steps we can take to oppose oppression of those labelled by psychiatry. Register [here](#).

For more information visit the [website](#).



## Research and Development Annual Conference 2011

Date: **Thursday 23 June 2011**

Time: **9am - 4pm**

Venue: The Conference Centre, Bramber House, University of Sussex

A one day conference, showcasing the collaborative research activities of the Trust and its academic partners. Key note speaker: Professor Til Wykes, Professor of Clinical Psychology and Rehabilitation, King's College London. Speakers, workshops and a poster session will present studies related to the collaborative research themes.

Service users and carers are welcome and all out of pocket expenses will

reimbursed in cash on the day.

Telephone **01273 265928** or [email](#). For further information visit the [website](#).

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### **Culture and Depression Event**

Date: **Monday 23rd May 2011**

Venue: LONDON

Over the past few decades, a significant body of research has outlined major problems that relate to the use of western diagnosis and methods of research across cultures. Amongst the diagnostic groups, depression has been singled out as one that raises significant issues of cultural validity and which poses special problems as a universally valid disorder.

For further information visit the [website](#).



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### **Department of Health News**

[News](#): A monthly update of key messages from NHS Chief Executive David Nicholson and the NHS leadership team. This issue includes: NHS Future Forum, an interview with forum chair Professor Steve Field, report of the NHS Management Board workshop with commissioning GP consortia pathfinders, and response to workforce consultation plans.

[Consultation](#): Offender Personality Disorder Pathway Implementation Plan.  
Ends: **12th May 2011**

