



**national survivor  
user network**



Monday 28th March 2011

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In this email:

- [NSUN news](#)
- [Publication: Towards a Social Model of Madness & Distress](#)
- [Report: Personalisation, productivity and efficiency](#)
- [Campaign: Justice for All](#)
- [Benefits: Turn2us](#)
- [Conference: MDF Annual Conference](#)
- [Seminar & Retreat: Mental health & Meditation](#)
- [Online survey: Mental Health & Dementia Services in Lancashire](#)

## NSUN news

### Stop Press Stop Press Stop Press Stop Press Stop Press Stop Press

**London:** NSUN, with the support of South London and Maudsley NHS Trust want to try and establish what type of training is available for and being delivered by, people who have direct experience of mental distress & mental health service use.

We are not aware of any available source that provides this sort of information currently and we think it would be really helpful for us all if we were able to easily identify exactly what sort of service user / survivor training network exists across greater London.

We have created a short questionnaire which we would like to send you. But we don't want to waste your time. So rather than just sending it to everyone we'd like to find out from you if you want to participate. If you are, simply click the link below, fill out the short form and we will email the questionnaire straight back.

[I'd like to participate in the London Services mapping project.](#)



## Publication: Towards a Social Model of Madness & Distress

This national study explores with mental health service users what models they feel underpin current thinking in mental health policy and practice. It asks what effects these models may have, and looks at what models service users think might be helpful.

The research - by Peter Beresford, Mary Nettle and Rebecca Perring

Download the summary and full report [here](#).



## Report: Personalisation, productivity and efficiency

SCIE Report 37: By Sarah Carr

This report examines the potential for personalisation, particularly the mechanism of self-directed support and personal budgets, to result in cost efficiencies and improved productivity as well as improved care and support, resulting in better outcomes for people's lives.

It provides an overview of some emerging evidence on efficiency from the implementation of personalisation so far. Download the report [here](#).



## Campaign: Justice for All

Justice for All is the campaign to ensure everyone is treated fairly under the law, no matter who they are, how much money they have or where they live.

We believe free, independent advice and representation on legal matters is essential to achieve justice for all.

Justice for All a coalition of charities, legal and advice agencies, politicians, trade unions, community groups and members of the public.

For more information visit the [website](#).



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## Benefits: Turn2us

Turn2us is a charitable service which helps people access the money available to them – through welfare benefits, grants and other help.

The free, accessible [website](#) has been designed to help you find appropriate sources of financial support, quickly and easily, based on your particular needs and circumstances.

Turn2us is launching **Benefits Awareness Month in April 2011** to encourage individuals in financial need, and intermediaries that support them, to claim the benefits they are entitled to by visiting the Turn2us website and using the easy-to-use [Benefits Checker](#).

If you or someone close to you is concerned about the effects of next month's benefit changes you can submit your questions to the [Ask an Expert panel](#).



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## Conference: MDF Annual Conference

**Date:** Saturday 18 June 2011

**Venue:** Franklin-Wilkins Building, Kings College, London

Complete the form included in Pendulum (Spring 2011) or [download the pdf form](#) and return it to the London office with your payment (photocopy this form for further attendees) or call 0207 793 2600 to pay using a debit or credit card.

Places are limited to 400 and bookings must be received by 8 June 2011.



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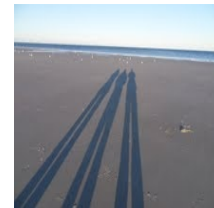
## Seminar & Retreat: Mental Health & Meditation

**SEMINAR** Wednesday 4 and Thursday 5 May 2011 8.30 am [registration] to 5.00 pm  
Regents College, Regents Park, London

**RETREAT** Friday 6 May 6.00 pm till Sunday 8 May 2011 2.00 pm  
High Leigh Conference Centre, Hoddesdon, Hertfordshire EN11 8SG

A seminar to look at the spiritual dimension bringing together speakers from different meditation traditions and contemporary psychology. For practitioners and service users for whom there are assisted places. For full details please visit the [website](#).

**There are some Bursaries available for those in need and for service users.**



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## Online survey: Mental Health & Dementia Services in Lancashire

The local NHS is seeking the views of service users, carers, groups, networks and interested members of the public to help shape the future of mental health services in Lancashire. The survey has been developed in partnership with the Lancashire Mental Health Partnership Service User and Carer Involvement Group.

Responses will remain completely confidential and will only be used for statistical purposes.

Click [here](#) for the survey.

Background information about the review of services can be found at the Lancashire Mental Health & Social Care Partnership [website](#).

