



**national survivor  
user network**



23 May 2011

[Manage your e-mail subscription](#)

In this email:

- [Refuge Summer Competition 2011](#)
- [Viewpoint Training: The Transgender Journey](#)
- [Play: Hugging Barbed Wire](#)
- [Funding](#)
- [Oxleas Health Festival: 24th May](#)
- [Happy Soul Festival: 31st May - 21st June 2011](#)
- [UCL: Core Programme](#)
- [Remploy Survey](#)
- [Rethink: Campaigns skill day 18th June](#)

### Refuge Summer Competition 2011

Join Refuge, Leicester's soulest band in breaking down the stigma surrounding mental health. Enter your Song, Picture, Lyric, Photo or Poem inspired by your thoughts, feelings or experiences of mental health issues into the Refuge competition.



The competition launches on **1st June** and the closing date is **1st August**.

It is open to anyone who has something to say about mental health, and Refuge is looking for lyrics, poems and artwork.

Win - your work immortalized forever in the upcoming Refuge EP + Netbooks and iPods and get VIP status at the EP Launch Night, celebrating World Mental Health Day, at The Y, East Street, Leicester, 10th October 2011.

Get more information about how to enter [here!](#)

### Viewpoint Training: The Transgender Journey

New Training Course now available!

**Date:** 22nd July 2011 10.30am – 4pm

**Cost:** £80 per delegate

**Venue:** 56 Bridge Road East, Welwyn Garden City, Herts AL7 1JU

This course will look at:

- The Gender Spectrum & Sexuality Matrix
- Gender Identity & Gender Dysphoria
- Birth Disorder versus Mental Health Disorder?
- The transition process and the individual

For more information click [here](#).



### Play: Hugging Barbed Wire

"Hugging Barbed Wire" was written by Owen (16) about his brother Ross becoming psychotic at 20. Hugging barbed wire was also how it felt to be a parent, desperately hanging onto your son throughout a 3 year psychotic. the play was performed at the Brighton fringe 13th May.

Visit the [website](#) for more information. sentence.



### Funding

**People Powered Health** is a new programme from NESTA, working with the Innovation Unit, to support the design and delivery of innovative services for people that are living with long term health conditions.

The first stage is an open call for ideas.

**The closing date for submissions is 7th June 2011 at 12pm.**

To find out more and to download an application form click [here](#).

**Women Make Music** a unique funding opportunity for women music creators is now open for applications.

If you are a woman who has been professionally creating and performing new music of any genre for at least a year or an organisation commissioning a new piece of music from a woman you have not yet worked with, you may be able to apply for up to £5000.



**The deadline for this funding opportunity 8th August 2011 at 5pm.**

Click [here](#) for more information.

**Comic Relief, Mental Health** - This programme aims to promote the rights and support the recovery of people who have mental health problems, and to help them feel more included in society. It also aims to reduce the stigma and discrimination faced by people with mental health problems. There is no minimum or maximum grant in most of our programmes, but where there are limits, these are clearly stated in the programme guidelines. Their grants on average vary between £25,000 and £40,000 per year, and rarely exceed this upper limit. Click [here](#) for more information

**Allen Lane Foundation** makes grants to voluntary not-for-profit organisations (which need not be registered charities, provided the work carried out is charitable) which are small (as its grants are small) and where the work benefits groups of people who are unpopular in UK society today. Single, one-off grants range from as little as £500 up to £15,000. Grants repeated for more than one year vary from about £500 per annum up to £5,000 per annum, for a maximum of three years. Closing date: apply anytime.

To find out more click [here](#).

---

### **Oxleas Health Festival: 24th May**

Featuring:

- Workshops in Media & Mental Health (PowerUp, NSUN, Time To Change)
- Journalism and Social Networking
- FREE Health Checks
- Marketplace with Lots of Organisations
- Mental Health League Football Championship
- Circus Skills, Films & Animation
- Creative Writing & Poetry

Tuesday, 24th May 2011 - 9:30 to 3:00pm @ CHARLTON FOOTBALL CLUB

More information [here](#).



---

### **Happy Soul Festival: 31st May - 21st June 2011**

Happy Soul Festival, the UK's premier celebration of Black and minority ethnic film and arts exploring wellbeing, is pleased to announce its 2011 programme.

Celebrities participating in this year's event include: Former heavyweight champion Frank Bruno, British songstress Mica Paris, Korean actress Kim Khobbi, Arinze Kene (Eastenders), film director Vadim Jean and Got to Dance Finalist Turbo.

The free festival will provide audiences the opportunity to view and attend more than 15 screenings of - African-American, Asian, Korean and British films and community events - taking place in Wandsworth, Kingston, Merton, Sutton, Richmond, Greenwich and Lambeth, which explore wellbeing issues within BME communities.

Visit the [website](#) to find out more & book events.



---

### **UCL: Core Programme**

Paid opportunities for mental health service users and carers to become members of working groups for the CORE Programme

The CORE study is seeking service users and carers to take part in working groups which will help plan and run a national research study. These positions will suit people with experience of using or supporting people who use mental health services, and preferably who have some knowledge of research.

The CORE study is a five year, NHS-funded research programme run by Camden and Islington NHS Foundation Trust and University College London. It is looking at how to improve how Crisis Resolution Teams (CRTs) function. It will involve developing and evaluating a resource kit to help CRTs achieve good practice as well as a peer-led recovery group for people leaving CRT care.

For details on how to apply click [here](#)

The closing date for applications is: **30th June 2011**



---

### **Remploy Survey**

Remploy specialises in helping people with a variety of health conditions and disabilities find sustained employment. As well as providing pre-work support, they also provide in-work support for individuals assisting people with the transition from benefits to employment. Remploy are currently piloting several initiatives aimed



specifically at assisting people with mental health problems. As they work closely with employers and are looking at promoting awareness with them, they are conducting some extensive research to gain a clearer understanding of mental health, employment & Stigma.

Find out more information and complete the survey [here](#).

---

### **Rethink: Campaigns skill day 18th June**

You'll meet fellow activists, learn about campaign planning, getting your message across, and find out more about the link between physical health and mental health. If you want to take action locally, contact other activists or write a campaign plan long-term support and advice is available.

There is a skills-day 11am-4pm on 18 June in central London. Travel expenses paid.

To sign up or find out more: visit the [website](#) or [email](#) or call 020 7840 3147

The word "rethink" is written in a lowercase, blue, sans-serif font.